

*Project Self-Sufficiency*

# Parenting Classes

**ACT Raising Safe Kids Program**

**Tuesdays, 6:00 p.m. • February 3 – March 31**

*Developed by the American Psychological Association – Completion Certificate Available*



**Convenient** – *Offered via Zoom!*

Learn How To:

- Use Positive Parenting Techniques
- Manage Anger
- Prevent Behavioral Problems



*Facilitated by Noreen Kilduff, Little Sprouts  
Early Learning Center, & Haley  
McCracken, Project Self-Sufficiency*

***Call 973-940-3500 to Register***

**FREE!**



**Project Self-Sufficiency**

127 Mill Street, Newton, NJ 07860 – [www.projectselfsufficiency.org](http://www.projectselfsufficiency.org)