

Project Self-Sufficiency Newsletter



127 Mill Street, Newton, NJ 07860 – 973-940-3500 – pss@projectselfsufficiency.org - www.projectselfsufficiency.org

The Agency will be closed April 3, 2026.

March – April 2026

Career & Health Fair in April

Meet area employers who are ready to hire, fine tune your interview skills, learn the latest job searching techniques, and get health screenings and tips for optimal health and wellness – all in one place!

Wednesday, April 15th, 10am – 2pm



Help for Expectant & New Parents

Explore the range of family support services at Project Self-Sufficiency! Get free parenting tips, baby items, information about childhood health, and other topics from certified nurses or professional family support workers. Services for mother and child help boost literacy levels, address health issues, and highlight potential developmental delays. Women who are pregnant or parenting infants, as well as those with children up to the age of three are eligible.

Available to income-eligible residents of Sussex, Hunterdon, and northern Warren counties.

Prom Shop Returns in March!

**Hundreds of New & Gently Used Dresses & Accessories
One Week Only!**



**The “Sister-to-Sister”
Prom Shop!
March 23, 24, 25, 3 – 6pm
March 26, 3 – 8pm
March 27, 3 – 5pm
March 28, 9am - noon**

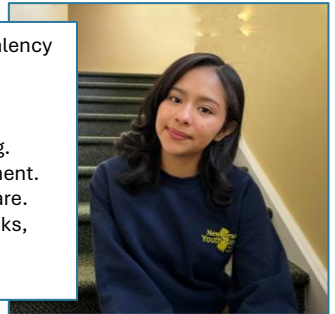
New Jersey Youth Corps Enrolling Now

Get College Credits & A High School Diploma!

Did you know that students can get **THREE college credits** from Sussex County Community College while working towards a high school diploma with Project Self-Sufficiency’s New Jersey Youth Corps program? High school dropouts from Sussex & Warren counties, ages 16—25, can get high school equivalency and employment skills training, work experience through community service, and more.

Next session starts in March!

- Literacy and high school equivalency education.
- THREE college credits.
- Skills for work and life.
- Personal and career counseling.
- Community service/job placement.
- Free transportation and childcare.
- \$5,000 towards tuition, textbooks, computers, or fees for higher education.



Job Training for Women

Higher Opportunities for Women Starts in March

Computer classes, help with resumes and cover letters, career exploration, and on-the-job experience at a community work site!

**Tuesdays & Thursdays, 9:30 a.m. - 3:00 p.m.
Starts in March!**

Pregnancy & Infancy Summit

Expert Advice, Professional Photo Shoot, & More



Get up-to-date information about pregnancy, prenatal care, caring for a newborn—and a professional photo, too! Featuring Keynote Speaker Dr. Chris Canzoniero, giveaways, lunch, childcare, and more.

**Saturday, March 14th,
10:00 a.m. – 1:00 p.m.**

Family Expo is Coming!

Interactive Exhibits, Fun Activities, Food, & More!

Bring the kids to the Family Expo and explore educational exhibits, play games, enjoy dinner, and learn about summer activities for kids. Mobile gaming, too!

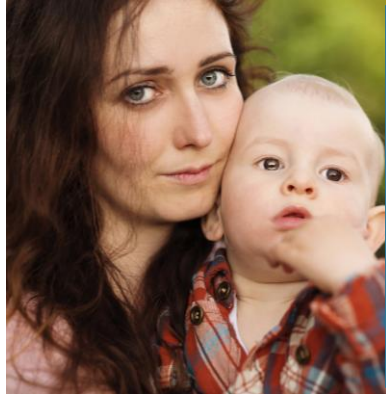
Thursday, April 30th, 4:00 p.m.

Goings on at Project Self-Sufficiency

Need a Driver's License?

Check Out Bridges to Employing Youth!

Tuesdays & Thursdays, 10:00 a.m. - noon



- Monthly Attendance Stipend
- Individualized Training & Counseling Support
- Free Childcare & Transportation
- Food Pantry, Diapers, & Baby Essentials
- Help with Career Goals
- Financial Literacy Training
- Parenting Skills
- Driver's License Education

Office Skills Training Program for Women

Higher Opportunities for Women

Rejuvenate your skills with the Higher Opportunities for Women employment skills training program.

Microsoft Office Computer Training:

Basic Computer Skills—Microsoft Word, Excel, PowerPoint & Outlook

Employability Skills:

Resumes & Cover Letters—

Job Search Techniques—Interview Skills

Tuesdays & Thursdays, 9:30am—3pm, beginning March 1st!



College Could be for You!

Campus 2 Campus!



Take the next step towards college and a career with the Campus 2 Campus program!

C2C Class at PSS:

March 17 & April 14, 10:00 a.m.

SCCC Info Sessions at PSS:

March 19 & April 16, 10:00 a.m.

SCCC Tour Dates:

March 20 & April 24, 10:00 a.m.



Nourish to Flourish Food Pantry Hours

Tuesday & Wednesday, 10:00 a.m. – 1:00 p.m.

Thursday, 10:00 a.m. – 1:00 p.m. & 5:00 – 7:00 p.m.

Pre-bagged food available, Monday - Friday, 9:00 a.m. – 5:00 p.m.

Journey Schedule

Franklin, 10am – 2pm

March 5, 19

April 2, 16, 30

Hackettstown, 9:30am – 3:30pm

March 10, 24

April 7, 21

Hopatcong, 10am – 2pm

March 4, 18

April 1, 15, 29

Netcong, 10am – 2pm

March 3, 17, 31

April 14, 28

Vernon, 10am – 2pm

March 11, 25

April 8, 22

We are looking forward to seeing you!

Help for Moms and Parents-to-Be

Learn about First Aid at Baby Beginnings

Pregnant women and parents of young children can access the information and resources they need to be successful! Get information about early childhood health, safety, and education. Prizes, baby items, and giveaways, too!



Baby Beginnings: Safety & First Aid for Infants & Toddlers
Wednesday, April 22nd 1:00 p.m.

Adverse Childhood Experiences

Learn about the Impact of Childhood Trauma

Explore the impact of childhood trauma, discuss the importance of supportive connections, and address methods for building resilient communities. Workshops held via Zoom.

Understanding ACES	Connections Matter (English)	Connections Matter (Spanish)
Thursday, March 25, 3:00 p.m.	Tuesday, April 21, 2:00 p.m.	Wednesday, April 22, 2:00 p.m.

Get a High School Diploma

New Jersey Youth Corps Starts in March!

High school diploma – 3 college credits - \$5,000 towards equipment & tuition – work experience – transportation – childcare – and so much more!

Early Childhood & Connecting NJ

Project Self-Sufficiency offers three evidence-based home visitation programs tailored to meet the needs of low-income parents. Factors such as residency, pregnancy, and the age and number of children help determine which program is best suited for the parents' needs.

Nurse Family Partnership	Healthy Families	Parents as Teachers
Low-income mothers are paired with a nurse who visits them throughout the pregnancy and up until the child's 2 nd birthday. <i>Serving Sussex, Warren, & Hunterdon Counties.</i>	For expectant parents and parents of infants. Participation in this program can count towards Work First NJ required activities. <i>Serving Sussex & Northern Warren Counties.</i>	For those who are pregnant or parenting an infant or toddler. Using the nationally-acclaimed Parents as Teachers curriculum. <i>Serving Sussex & Hunterdon Counties.</i>

Help for Expectant & New Parents

Women who are pregnant or parenting a young child can receive regular consultations from a nurse or certified family support worker via online video platforms, phone, at home or in a public place through one of the three Home Visitation Programs offered by Project Self-Sufficiency in Sussex, Warren and Hunterdon counties. The visiting professionals provide support, education and counseling on health, behavioral and self-sufficiency issues.



Connecting NJ is a network of partners and agencies dedicated to helping New Jersey families thrive. We provide mothers, fathers, grandparents, and guardians free or affordable access to people, organizations, and other sources of information needed to raise healthy children, such as home visiting programs, NJ Family Care and more. **We connect New Jersey families - moms, dads, newborns, teens, young adults, and grandparents - with the best health and social resources available in our community.**

Lunch, Learn & Grow at a Mommy Party!	
Project Self-Sufficiency	Hackettstown
March 11 & April 8, Noon	March 24 & April 21 11:00 a.m.

Help for Parents

24:7 Dads Parenting Class

Learn the five characteristics of a 24:7 dad! Improve knowledge, behavior, and skills, help fathers to be more involved with their children, and ultimately strengthen families. In-person or by Zoom.



Tuesdays & Thursdays, 6:00 p.m.
 April 7, 9, 14, 16, 21, 23, 28, 30;
 May 5, 7, 12, 14



ACT Parenting Course

ACT Parenting classes use the nationally recognized **ACT Raising Safe Kids** program to teach positive parenting skills, prevent violence, and foster effective anger management. Developed by the American Psychological Association. Offered via Zoom.



Tuesdays at 6:00 p.m.
 April 7, 14, 21, 28; May 5, 12, 19, 26

One-on-One Parenting Coaches Available



Get Help from a Personal Parenting Coach!
Individualized Assistance Targeted to Your Needs & Matched to Your Schedule!

Motivation Monday—Via Zoom

Learn how to stay positive, get help with anxiety, stress, loneliness, self-esteem, and more.

Mondays, January 5, 12, 26; February 2, 9, 23, 2:00 p.m.

- Building Confidence* March 2
- The Power of Boundaries* March 9
- Healing Your Inner Critic* March 16
- From Self-Doubt to Self-Trust* March 23
- Growth in Hard Seasons* March 30
- Letting Go* April 6
- Starting Over at Any Age* April 13
- Forgiveness of Self & Others* April 20
- Strengths & Superpowers* April 27

Career Chat—Via Zoom

Get help identifying your career goals, discuss the job application process, get help with job searching, interviews, and more.

Mondays, March 9, 23; April 13, 27, 7:00 p.m.

Breast Cancer Support Group—Via Zoom

Breast cancer survivors are invited to share their stories, discuss coping strategies, and gain insights in a supportive setting.

Tuesdays, March 10, April 14, 2:00 p.m.

Workforce Wednesday with Career Center Staff—Via Zoom

Learn how to build a resume; discuss interview skills; address on-the-job issues and workplace topics with Career Center staff.

Wednesdays, 1:00 p.m.

- Resumes & Cover Letters* March 4, April 1
- Job Searching* March 11, April 22
- Career Fair Prep* April 8
- Interviewing Skills* March 18, April 29
- First Day on the Job* March 25

Parents' Support Group—Via Zoom

Gain insights, share frustrations and success stories with other parents.

Wednesdays, March 4, 18; April 1, 15, 29, 7:00 p.m.

Parent Advisory Council Meeting—In Person & Via Zoom

Join other parents to identify the needs of your family and discuss upcoming activities in your community.

Tuesdays, March 10, April 14, 5:00 p.m.

Enough Abuse Workshops—Via Zoom

Teens and adults can learn to recognize and prevent abuse and increase awareness of safe practices for potential victims. Offered by the [Enough Abuse Campaign](#), a cooperative effort of [Prevent Child Abuse New Jersey](#), Project Self-Sufficiency and the Sussex Warren Partnership to Prevent Child Sexual Abuse.

Wednesdays, March 18, April 15, 3:00 p.m.

Journey FSC @ Little Sprouts Early Learning Center Family Nights—In Person

Parents and Little Sprouts Early Learning Center students can enjoy games, crafts, themed activities and pizza!

Wednesdays, March 25, April 29, 5:30 p.m.

Health Equity—Via Zoom

A Community Health Worker will explain how factors like socio-economic status and ethnicity can impact your health and result in healthcare disparities. Learn how to advocate for yourself and your family.

Thursdays, March 12, April 9, 3:00 p.m.

Ages & Stages Information Session—Via Zoom

Discuss developmental milestones for your young child and learn how to access an online tool to connect with resources for support.

Thursdays, March 19, April 16, 3:00 p.m.

Let's Learn & Have Fun Together!



Spring Fling
Thursday, April 2nd
5:00 p.m.

Family Expo
Thursday, April 30th,
5:00 p.m.

Connect with Project Self-Sufficiency and Get on Track for Success!

Links to Success

Meet Case Managers, learn about current PSS programs, and start laying the groundwork towards your goals at this informative presentation. Required before enrolling in [Career Foundations](#) or [Foundations for Personal Success](#).

Mondays & Tuesdays, noon; Wednesdays, 11am; Thursdays, 1pm; Fridays, 10am

Career Foundations

Begin your journey towards finding meaningful employment with Career Assessments, Goal Setting, and Introduction to Computer Skills. Meet with Career Center staff to map out your next steps to employment or education.

**Two-week sessions:
Tuesdays & Thursdays, 10am - noon**

Foundations for Personal Success

Focus on interpersonal skills such as stress management, effective communication, establishing healthy relationships, nutrition, social media, and other topics.

**Two-week sessions:
Tuesdays & Thursdays, 1 - 3pm**

Career & Employment Training

Weekly Career Seminars—*in person or online!*

Contact Project Self-Sufficiency for log-in information.

Individual appointments available following each seminar.

Resumes & Cover Letters

Work on your resume and cover letter with our Career Center staff! Get feedback about writing style, content, and more!

Mondays, 1:00 p.m.

March 2, 9, 16, 23, 30; April 6, 13, 20, 27

Job Searching

Learn how to conduct a productive job search using a variety of resources.

Tuesdays, 1:00 p.m.

March 3, 10, 17, 24, 31; April 7, 14, 21, 28

Workforce Wednesday/Job Club Support Group

Use this group to boost your reach! Review current leads for employment, get feedback from other job seekers, discuss the process and get support. Occasional guest speakers, too!

Wednesdays, 1:00 p.m.

March 4, 11, 18, 25; April 1, 8, 22, 29

Networking & Social Media

Maximize your job search by creating a Linked In profile, managing your professional identity on social media, and building a professional network.

Thursdays, 1:00 p.m.

March 5, 12, 19, 26; April 2, 9, 16, 23, 30

Career Success & Financial Management

Discuss smart strategies for advancing your career. Learn how to create a budget and stick to it!

Fridays, 11:00 a.m.

March 6, 13, 20, 27; April 10, 17, 24

Open Employment Lab

Meet with Career Center staff in person or on Zoom to work on individual career needs: Build your resume, review your cover letter, participate in a mock interview, and get help with your computer skills.

Tuesdays & Wednesdays, 10:00 a.m.—noon

March 3, 4, 10, 11, 17, 18, 24, 25, 31;

April 1, 7, 8, 14, 15, 21, 22, 28, 29

Fridays, 1:00—3:00 p.m., or by appointment.

March 6, 13, 20, 27; April 10, 17, 24

Mock Interviews

Meet with Career Center staff over Zoom to participate in a practice, virtual interview. **By appointment only. In Person or Via Zoom.**

Office Skills Training Program for Women

The **Higher Opportunities for Women (HOW)** Program combines computer skills training with classroom instruction and on-the-job experience. Women who have been out of the workforce or underemployed are prepared to seek entry-level office administrative positions.

Tuesdays & Thursdays, 9:30 a.m.—3:00 p.m.

Starts March 3rd!

Computer Classes

Microsoft Word – In Person

Learn word-processing, create professional-looking letters, newsletters, and other documents. Use mail merge features to print mailing labels and address letters to multiple recipients.

Mondays & Wednesdays, 10am – noon

March 2, 4, 9, 11, 16, 18, 23, 25, 30

Microsoft Excel – In Person

Create spreadsheets, databases and workbooks for use in tracking inventory, sorting data, and creating mailing lists. Learn how to add, subtract, multiply, and divide rows and columns using formulas and become adept at storing, managing, and interpreting data.

Mondays & Wednesdays, 10am – noon

April 6, 8, 13, 15, 20, 22, 27, 29

New Jersey Youth Corps

Get a High School Diploma!

Registration for the next session of the New Jersey Youth Corps is underway. Teens and adults, ages 16—25, who have not completed high school are moving forward with high school equivalency instruction, vocational training, community service, and receiving THREE college credits.

New Jersey Youth Corps graduates are eligible to receive up to \$5,000 towards expenses for tuition, fees, and equipment needed for continuing education!

Refer a student and be eligible for a \$100 gift card!

Campus 2 Campus

College IS for You!

Campus 2 Campus is a partnership between **PSS** and **Sussex County Community College** designed to help potential students take the next step towards college and a career.

Basic Skills Testing—Scholarship Information—Test Anxiety Support—Budget-Friendly Childcare—Application & Financial Aid Forms—Campus Tours—& More!

C2C Class at PSS:

March 17 & April 14, 10:00 a.m.

SCCC Info Sessions at PSS:

March 19 & April 16, 10:00 a.m.

SCCC Tour Dates:

March 20 & April 24, 10:00 a.m.



Bridges to Employing Youth

Get on Track to Success!

Pregnant and parenting young adults, ages 18—24, can help with:

Identifying Career Paths—Parenting Skills—Career Training & Employability Skills – Case Management & Counseling – Transportation & Childcare – Driver’s Education

Tuesdays & Thursdays, 10am—noon

March 3, 5, 10, 12, 17, 19, 24, 26; April 7, 9, 14, 16, 21, 23, 28, 30

Additional Programs & Services

Free Legal Assistance & Education

Project Self-Sufficiency provides **FREE** legal assistance through our partnership with the IOLTA Fund of the Bar of New Jersey.

The agency's Legal Assistance Program can provide a range of services including individual consultations on the following topics: Family Law, Bankruptcy, Landlord/Tenant, Elder Law, and Expungement. **Day & evening phone consultations available.**



Free seminars are hosted by volunteer attorneys via Zoom regarding Family Law, Bankruptcy, Landlord-Tenant issues, and other topics.

Help for Parents & Moms-to-Be

Expert Advice, Free Baby Items

Learn everything you need to know about your pregnancy and caring for your infant or toddler.

Advice from Healthcare & Childcare Experts—Free Baby Items, Prizes & Giveaways—Lunch—Childcare

**Pregnancy & Infancy Summit,
Saturday, March 14, 10:00 a.m.**

**Baby Beginnings,
Wednesday, April 22, 1:00 p.m.**



Keeping Families Together

Keeping Families Together is a supportive housing program providing housing vouchers, case management and clinical services in Sussex and Morris counties.

We are looking for prospective landlords to partner with us!

Benefits for Landlords

- Staff Available by Phone 24/7
- Consistent On-Time Rent Payments
- Risk Mitigation
- Reduced Vacancy
- Long-term (5 Year) Housing Vouchers
- Education and Support for Families to Become Successful Tenants



Available in Warren County

Nurse Family Partnership ... Low-income, first-time mothers are paired with a nurse who visits them throughout the pregnancy and up until the child's second birthday.

Healthy Families Program ... For expectant parents and parents of infants. Participation in this program can count toward Work First New Jersey required activities.

Connecting NJ at PSS

Connecting NJ at Project Self-Sufficiency links individuals and families to the help they need.

"Triple P" Parenting Program

Virtual and in-person parenting classes and support groups teach practical strategies, reduce stress, and boost confidence.

Mommy Parties in Hackettstown

Mothers and children can enjoy crafts, lunch, and activities onboard PSS Journey in Hackettstown while picking up tips for parenting, health, and wellness.

Complete the Ages & Stages Questionnaire online!



Happening at the Little Sprouts Early Learning Center!

Childcare & Preschool

Little Sprouts is a fully licensed day care and preschool facility for children age 6 weeks through 6 years.

- Free Preschool for Newton, NJ, Residents, Ages 3 & 4**
- Convenient Hours & Location**
- Caring, Professional Staff**
- Age-Appropriate Playgrounds**
- Subsidized Assistance for Eligible Families**

Competitive Rates

- Quality Education using "The Creative Curriculum"**
- State-of-the-Art Facility**
- Half-Day & Full-Day Programs**



Take a virtual tour on our website and be sure to **check out our YouTube channel!**

Call 973-940-3540 to arrange a tour!

Monthly Family Nights at Little Sprouts

Parents and students are invited to enjoy games, dinner, crafts, and fun activities at special Journey Family Success Center Family Nights at the Little Sprouts Early Learning Center.

Wednesdays, March 25 & April 29, 5:30 p.m.



Activities at a Glance

Courses and activities are free and available to active Project Self-Sufficiency participants. **Contact Project Self-Sufficiency for log-in information.**

Links for Success—*In Person*

Mondays, 12:00 p.m.

March 2, 9, 16, 23, 30; April 6, 13, 20, 27

Tuesdays, 12:00 p.m.

March 3, 10, 17, 24, 31; April 7, 14, 21, 28

Wednesdays, 11:00 a.m.

March 4, 11, 18, 25; April 1, 8, 15, 22, 29

Thursdays, 1:00 p.m.

March 5, 12, 19, 26; April 2, 9, 16, 23, 30

Fridays, 10:00 a.m.

March 6, 13, 20, 27; April 10, 17, 24

Career Foundations—*In Person*

Tuesdays & Thursdays, 10:00 a.m.—noon

March Session One

March 3, 5, 10, 12

March Session Two

March 17, 19, 24, 26

April Session One

April 7, 9, 14, 16

April Session Two

April 21, 23, 28, 30

Foundations for Personal Success—

In Person

Tuesdays & Thursdays, 1:00—3:00 p.m.

March Session One

March 3, 5, 10, 12

March Session Two

March 17, 19, 24, 26

April Session One

April 7, 9, 14, 16

April Session Two

April 21, 23, 28, 30

Open Lab—*Online or In Person*

Tuesdays & Wednesdays,

10:00 a.m.—noon

March 3, 4, 10, 11, 17, 18, 24, 25, 31;

April 1, 7, 8, 14, 15, 21, 22, 28, 29

Fridays, 1:00—3:00 p.m., or by appointment.

March 6, 13, 20, 27; April 10, 17, 24

Campus 2 Campus—*In Person*

C2C Class at PSS:

March 17 & April 14, 10:00 a.m.

SCCC Info Sessions at PSS:

March 19 & April 16, 10:00 a.m.

SCCC Tour Dates:

March 20 & April 24, 10:00 a.m.

Computer Classes

Mondays & Wednesdays, 10am – noon

Microsoft Word—In Person

March 2, 4, 9, 11, 16, 18, 23, 25, 30

Microsoft Excel—In Person

April 6, 8, 13, 15, 20, 22, 27, 29

Resumes & Cover Letters

Mondays, 1:00 p.m.—*In Person or Online*

March 2, 9, 16, 23, 30; April 6, 13, 20, 27

Job Searching

Tuesdays, 1:00 p.m.—*In Person or Online*

March 3, 10, 17, 24, 31; April 7, 14, 21, 28

Job Club/Workforce Wednesday—

In Person or Online

Wednesdays, 1:00 p.m.

March 4, 11, 18, 25; April 1, 8, 22, 29

Networking & Social Media

Thursdays, 1:00 p.m.—*In Person or Online*

March 5, 12, 19, 26; April 2, 9, 16, 23, 30

Career Success & Financial

Management

Fridays, 11:00 a.m.—*In Person or Online*

March 6, 13, 20, 27; April 10, 17, 24

Testing

CASAS, Work Readiness, Accuplacer

Fridays, 9:30 a.m.—12:30 p.m.

March 6, 13, 20, 27; April 10, 17, 24

New Jersey Youth Corps

Monday—Thursday, 10:00 a.m.—4:30 p.m.

Friday, 10:00 a.m.—noon

Register now for the next session!

Bridges

Tuesdays & Thursdays, 10:00 a.m.—noon

March 3, 5, 10, 12, 17, 19, 24, 26;

April 7, 9, 14, 16, 21, 23, 28, 30

Higher Opportunities for Women

Tuesdays & Thursdays, 9:30 a.m.—3:00 p.m.

Starts in March!

Mommy Parties

Project Self-Sufficiency, noon

Wednesdays, March 11 & April 8

Hackettstown, 11:00 a.m.

Tuesdays, March 24 & April 21

Legal Seminars—*Online*

Thursdays,

Family Law, 7:00 p.m.

March 26, April 30

Adverse Childhood Experiences

Understanding ACEs—*Online*

Thursday, 3:00 p.m.

March 25

Connections Matter, English—*Online*

Tuesday, April 21, 2:00 p.m.

Español—*en línea*

Miércoles, 22 de Marzo, 2:00 p.m.

Enough Abuse Workshop—*Online*

Wednesdays, 3:00 p.m.

March 18, April 15

Early Childhood

Pregnancy & Infancy Summit—*In Person*

March 14, 10:00 a.m.

Baby Beginnings—*In Person*

April 22, 1:00 p.m.

Home Visitation & Early Childhood Joint Advisory Board Meeting

Tuesday, March 3, 11:00 a.m.,

Project Self-Sufficiency

Wednesday, March 4, 11:00 a.m.,

Phillipsburg Housing Authority

24:7 Dads Parenting Course—*In Person or Online*

Tuesdays and Thursdays, 6:00 p.m.

April 7, 9, 14, 16, 21, 23, 28, 30;

May 5, 7, 12, 14

ACT Parenting Course—*Online*

Tuesdays, 6:00 p.m.

April 7, 14, 21, 28; May 5, 12, 19, 26

Family Success Center

Motivation Monday—*Online*

Mondays, 2:00 p.m.

March 2, 9, 16, 23, 30; April 6, 13, 20, 27

Career Chat—*Online*

Monday, 7:00 p.m.

March 9, 23; April 13, 27

Breast Cancer Support Group—*Online*

Tuesdays, 2:00 p.m.

March 10, April 14

Parents' Support Group—*Online*

Wednesdays, 7:00 p.m.

March 4, 18; April 1, 15, 29

Ages & Stages Information Session—*Online*

Thursdays, 3:00 p.m.

March 19, April 16

Health Equity Presentation—*Online*

Thursdays, 3:00 p.m.

March 12, April 9

Parent Advisory Council Meeting—*In Person & Online*

Tuesdays, 5:00 p.m.

March 10 & April 14

Family Nights at Little Sprouts

Tuesdays, 5:30 p.m.

March 25, April 29

Spring Fling

April 2, 5:00 p.m.

Family Expo

April 30, 4:00 p.m.



“Sister-to-Sister” Prom Shop

March 23, 24, 25, 3:00 – 6:00 p.m.

March 26, 3:00 – 8:00 p.m.

March 27, 3:00 – 5:00 p.m.

March 28, 9:00 a.m. – noon

Welcome
Spring!



March Events

Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
1	2 NJYC, 10am – 4:30pm Word, 10am - noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	3 HOW, 9:30am – 3pm Journey in Netcong, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Joint Advisory Board, 11am, PSS Foundations, 1 – 3pm Job Searching, 1pm ACT Parenting Class, 6pm	4 Journey in Hopatcong, 10am – 2pm NJYC, 10am – 4:30pm Word, 10am – noon Open Lab, 10am – noon Links for Success, 11am Joint Advisory Board, 11am, Phillipsburg Workforce Wednesday, 1pm Parents' Support Group, 7pm	5 HOW, 9:30am – 3pm Journey in Franklin, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Career Foundations, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Networking & Social Media, 1pm	6 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am Career Success & Financial Management, 11am Open Lab 1 – 3pm	7	
8	9 NJYC, 10am – 4:30pm Word, 10am - noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Career Chat, 7pm	10 Journey in Hackettstown, 9:30am – 3:30pm HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Foundations, 1 – 3pm Job Searching, 1pm Breast Cancer Support Group, 2pm Parent Advisory Council, 5pm ACT Parenting Class, 6pm	11 Journey in Vernon, 10am - 2pm NJYC, 10am – 4:30pm Word, 10am – noon Open Lab, 10am – noon Links for Success, 11am Mommy Party, noon Workforce Wednesday, 1pm	12 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Bridges, 10am – noon Career Foundations, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Networking & Social Media, 1pm Health Equity, 3pm	13 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am Career Success & Financial Management, 11am Open Lab 1 – 3pm	14 Pregnancy & Infancy Summit, 10am – 1pm	
15	16 NJYC, 10am – 4:30pm Word, 10am - noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	17 HOW, 9:30am – 3pm Journey in Netcong, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Foundations, 1 – 3pm Job Searching, 1pm	18 Journey in Hopatcong, 10am – 2pm NJYC, 10am – 4:30pm Word, 10am – noon Open Lab, 10am – noon Links for Success, 11am Workforce Wednesday, 1pm Enough Abuse, 3pm Parents' Support Group, 7pm	19 HOW, 9:30am – 3pm Journey in Franklin, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Career Foundations, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Networking & Social Media, 1pm Ages & Stages, 3pm	20 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am Career Success & Financial Management, 11am Open Lab 1 – 3pm	21	
22	23 NJYC, 10am – 4:30pm Word, 10am - noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Prom Shop, 3 – 6pm Career Chat, 7pm	24 Journey in Hackettstown, 9:30am – 3:30pm HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Mommy Party, 11am, Hackettstown Foundations, 1 – 3pm Job Searching, 1pm Prom Shop, 3 – 6pm	25 Journey in Vernon, 10am - 2pm NJYC, 10am – 4:30pm Open Lab, 10am – noon Word, 10am – noon Links for Success, 11am Workforce Wednesday, 1pm Understanding ACEs, 3pm Prom Shop, 3 – 6pm Family Fun Night, 5:30 p.m.	26 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Bridges, 10am – noon Career Foundations, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Networking & Social Media, 1pm Prom Shop, 3 – 8pm Family Law, 7pm	27 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am Career Success & Financial Management, 11am Open Lab 1 – 3pm Prom Shop, 3 – 5pm	28 Prom Shop, 9am – noon	
29	30 NJYC, 10am – 4:30pm Word, 10am - noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	31 HOW, 9:30am – 3pm Journey in Netcong, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Foundations, 1 – 3pm Job Searching, 1pm					

April Events

Sun	Mon	Tues	Wed	Thurs	Fri	Sat	
5	6 NJYC, 10am – 4:30pm Excel, 10am – noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	7 Journey in Hackettstown, 9:30am – 3:30pm HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Foundations, 1 – 3pm Job Searching, 1pm Parent Advisory Council, 5pm 24/7 Dads, 6pm ACT Parenting, 6pm	8 Journey in Vernon, 10am – 2pm NJYC, 10am – 4:30pm Open Lab, 10am – noon Excel, 10am – noon Links for Success, 11am Mommy Party, noon Workforce Wednesday, 1pm	9 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Bridges, 10am – noon Career Foundations, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Networking & Social Media, 1pm Health Equity, 3pm 24/7 Dads, 6pm	10 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am Career Success & Financial Management, 11am Open Lab 1 – 3pm	11	
12	13 NJYC, 10am – 4:30pm Excel, 10am – noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Career Chat, 7pm	14 HOW, 9:30am – 3pm Journey in Netcong, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Foundations, 1 – 3pm Job Searching, 1pm Breast Cancer Support Group, 2pm 24/7 Dads, 6pm ACT Parenting, 6pm	15 Career & Health Fair, 10am – 2pm Journey in Hopatcong, 10am – 2pm NJYC, 10am – 4:30pm Open Lab, 10am – noon Excel, 10am – noon Links for Success, 11am Workforce Wednesday, 1pm Enough Abuse, 3pm Parents' Support Group, 7pm	16 HOW, 9:30am – 3pm Journey in Franklin, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Career Foundations, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Networking & Social Media, 1pm Ages & Stages, 3pm 24/7 Dads, 6pm	17 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am Career Success & Financial Management, 11am Open Lab 1 – 3pm	18	
19	20 NJYC, 10am – 4:30pm Excel, 10am – noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	21 Journey in Hackettstown, 9:30am – 3:30pm HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Mommy Party, 11am, Hackettstown Foundations, 1 – 3pm Job Searching, 1pm Connections Matter, <i>English</i> , 2pm 24/7 Dads, 6pm ACT Parenting, 6pm	22 Journey in Vernon, 10am – 2pm NJYC, 10am – 4:30pm Open Lab, 10am – noon Excel, 10am – noon Links for Success, 11am Workforce Wednesday, 1pm Baby Beginnings, 1pm Connections Matter, <i>Spanish</i> , 2pm	23 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Bridges, 10am – noon Career Foundations, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Networking & Social Media, 1pm 24/7 Dads, 6pm	24 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am Career Success & Financial Management, 11am Open Lab 1 – 3pm	25	
26	27 NJYC, 10am – 4:30pm Excel, 10am – noon Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Career Chat, 7pm	28 HOW, 9:30am – 3pm Journey in Netcong, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Open Lab, 10am – noon Career Foundations, 10am – noon Foundations, 1 – 3pm Job Searching, 1pm 24/7 Dads, 6pm ACT Parenting, 6pm	29 Journey in Hopatcong, 10am – 2pm NJYC, 10am – 4:30pm Open Lab, 10am – noon Excel, 10am – noon Links for Success, 11am Workforce Wednesday, 1pm Family Fun Night, 5:30 p.m. Parents' Support Group, 7pm	30 HOW, 9:30am – 3pm Journey in Franklin, 10am – 2pm NJYC, 10am – 4:30pm Bridges, 10am – noon Career Foundations, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Family Expo, 4 – 6pm 24/7 Dads, 6pm Family Law, 7pm			

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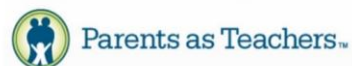


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