Connections Matter
Positive & Adverse Childhood Experiences
Project Self-Sufficiency has launched a discussion of the issues surrounding Positive & Adverse Childhood Experiences (PACES). Trauma experts and guest speakers address:

⇒ Intensive ACES education
⇒ Impact on the Brain
⇒ Information, Educational Videos, Peer-to-Peer Interaction
⇒ Tips and Strategies for Building Resiliency

See inside for details!

You Graduated from High School—Now What?
Pregnant and parenting young adults, ages 18—24, are invited to check out the Bridges program! Get help with:


We’ll help you get the trainings and certifications you need!

New Jersey Youth Corps Underway
The New Jersey Youth Corps high school equivalency and employment skills training program for Sussex & Warren County high school drop-outs, ages 16—25, helps students achieve their dreams. Need a diploma or know someone who does? Check it out!

Next session starts in July!

Summer Office Skills
Rejuvenate your skills with the Summer Office Skills employment skills training program.

Microsoft Office Computer Training
Basic Computer Skills; Microsoft Word, Excel, PowerPoint & Outlook

Employability Skills
Resume & Cover Letter; Job Search Techniques; Interview Skills

Summer Youth Employment Program Returns
Rising high school sophomores and juniors will receive paid employability skills instruction and on-the-job training. Eligibility guidelines include family income, transportation status, current enrollment in high school, and other factors. Free transportation to and from Project Self-Sufficiency will be provided to participants; use of the transportation program, interviews, and references from high school staff members are required. Those who have previously participated in the Summer Youth Employment Program are ineligible. Space is limited; call 973-940-3500 for application information.

Monday—Thursday, July 11—August 11, 9am—4pm

Summer Parenting Classes
Raising Safe Kids
Created by the American Psychological Association, the ACT Raising Safe Kids Program teaches positive parenting skills to parents and caregivers of children of all ages. Virtual classes will be open to the public; call 973-970-3500 for log-in details.

Tuesdays,
July 26th—September 20th,
6:00—8:00 p.m.

State Rental Assistance Help Available—See Inside for Details!
Summer Parenting Classes
ACT Raising Safe Kids
Parents of children of all ages can build positive parenting skills, and learn how to prevent child maltreatment and reduce behavioral problems through this virtual, interactive series developed by the American Psychological Association. Connect with parents just like you!
Tuesdays, July 26th—September 20th, 6:00—8:00 p.m.

Join us for a discussion of the issues surrounding Positive & Adverse Childhood Experiences (PACEs) at Project Self-Sufficiency!

**Intensive ACES education—Impact on the Brain—Information, Educational Videos, Peer-to-Peer Interaction—Tips and Strategies for Building Resiliency—Featured Trauma Expert Presenters and Topics**

Appropriate for parents and providers raising and teaching school-aged children. Pizza provided for in-person events; advance registration required. Also available by Zoom. Call 973-940-3500 to sign up.

**Stakeholder Group meeting**
Wednesday, July 6, 10:00 a.m.

**Connections Matter** is a program funded by the NJ Department of Children and Families and led by Prevent Child Abuse NJ designed to engage providers, parents and community members in building caring connections to improve resiliency. Learn how to prevent Adverse Childhood Experiences and trauma and demonstrate how caring connections serve as a primary buffer in the negative effects of trauma.

**Understanding ACEs: Building Self-Healing Communities**
Parents, Caregivers, Community Providers
Learn how adversity affects health and well-being throughout life. Discuss brain development, community core protective systems capacity, and the importance of attachment and belonging.
Thursday, July 14th, 2pm & Wednesday, August 17, 5pm

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**What’s New at Project Self-Sufficiency?**

**English**

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<th>July 13, 2pm (In person);</th>
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<td>August 23, 5pm (Zoom)</td>
<td>24 de Agosto, 5pm (Zoom)</td>
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**Español**

**New Schedule—Longer Hours—Now in Warren County!**

PSS Journey is now joined on the road by The Food Project, Nourishing our Neighbors! Look for the free computer help, food, diapers, and other assistance available in a community near you!

- **Franklin, 10am—2pm**
  - July 14, 28; August 18
- **Hackettstown, 10am—2pm**
  - July 19; August 2, 23
- **Hopatcong, 10am—2pm**
  - July 13, 27; August 17, 31
- **Netcong, 10am—2pm**
  - July 12, 26; August 16, 30
- **Vernon, 10am—2pm**
  - July 20; August 3, 24

*Visit Us at the Fair, August 5—13!*

**Office Skills Training Program for Women**
**Summer Office Skills**
Boost your confidence, brush up on your computer skills, get help with your resume and interviewing, receive on-the-job experience at a community work site, and more! **Starts in July—Submit Your Application Today!**

**Help for Expectant & New Parents**
Explore the range of family support services at Project Self-Sufficiency! Get free parenting tips, baby items, information about childhood health, and other topics from certified nurses or professional family support workers. Services for mother and child help boost literacy levels, address health issues, and highlight potential developmental delays. Women who are pregnant or parenting infants, as well as those with children up to the age of three are eligible. **Available to income-eligible residents of Sussex, Hunterdon and northern Warren counties.**
To learn more, call 973-940-3500, or visit [www.projectselfsufficiency.org](http://www.projectselfsufficiency.org).

**Free Legal Advice & Education**
**Consultations ...** Get FREE advice from an attorney about divorce, bankruptcy, landlord tenant issues and more over the phone! **By appointment only; call 973-940-3500.**

**Virtual Seminars ...** Learn about Family Law, Elder Law, Bankruptcy, Foreclosure, Expungement, Landlord-Tenant issues, and other topics without leaving the comfort of your own home! **Meetings take place via Zoom; call 973-940-3500 for log-in details.**
Home Visits Help Parents of Young Children

Women who are pregnant or parenting a young child can receive regular consultations from a nurse or certified family support worker via online video platforms, phone or in a safe, socially distant setting at home or in a public place through one of the three Home Visitation Programs offered by Project Self-Sufficiency in Sussex, Warren and Hunterdon counties. The visiting professionals provide support, education and counseling on health, behavioral and self-sufficiency issues.

To find out more about the home visitation programs at Project Self-Sufficiency, call 973-940-3500.

In Person Mommy Parties!

Meet other women like you! Our monthly Mommy Parties are meeting in person! Get the latest information about household safety, parenting, health and wellness, and other topics. Enjoy fun activities and crafts with your child in a safe, outdoor environment.

Wednesdays, July 13 & August 10, 3:30 p.m.
For currently enrolled Home Visitation Families only:
Attend 5 Mommy Parties between July—December, 2022, and earn a $100 Shop Rite Gift Card! Attend 10 parties between February—December, 2022, and earn TWO $100 Shop Rite Gift Cards!

“My nurse taught me about labor and delivery, breastfeeding, and CPR. The Nurse Family Partnership program gives me a lot of help. You meet new people and you experience things you probably wouldn’t experience otherwise. It helped me become a great mother to my son. I’m looking forward to what is in store for us next.”  

Keana & Brandon

New Jersey Housing Help Available
State Rental Assistance Program Announcement
The Department of Community Affairs (DCA) published a Public Notice on June 20, 2022, announcing the opening of the waiting lists for the State Rental Assistance Program (SRAP) for four categories: (1) Elderly, (2) Family, (3) Homeless and (4) Disabled Households.

SRAP preliminary applications will be available online at: www.waitlistcheck.com/NJ559 beginning Monday, July 11, 2022, at 9:00 a.m. until Friday, July 22, 2022, at 5:00 p.m. for very low-income residents, who are eighteen (18) years of age or older; or who are emancipated minors. Income limits are referenced on our website at https://www.nj.gov/dca/.

To qualify for SRAP, the head of household must either be a U.S. citizen or national of the United States or be a non-citizen who has eligible immigration status.

In addition, Applicants must be New Jersey Residents for at least 6 months to apply. Definition of a Resident: Someone whose primary residence is in the State of New Jersey and who has resided in New Jersey for at least six months (6) prior to applying for SRAP assistance.

Applicants must have an email address to apply. Additional information, including Frequently Asked Questions (FAQs) can be viewed at: https://nj.gov/dca/divisions/dhcr/offices/srap.html.

Call 973-940-3500 or text PSS to 973-940-3500 to get help today!
What’s Happening at the Journey Family Success Center?

Virtual Programming all Week Long!

**Motivation Monday with Therapist Diane Lang**
Learn how to stay positive, get help with anxiety, stress, loneliness, self-esteem; explore other topics, too.

**Mondays, 2:00 p.m.**
- Accepting Change
- Actions Speak Louder than Words
- Mindfulness Explained
- Why It’s Hard to Say “I’m Sorry”
- How to Not be a Push Over
- Making the Most out of Your Time
- How to Stop Wondering about the Future
- Celebrating Small Successes

**Women’s Support Group**
Share your experiences with other women; get tips on coping, time management, meeting everyday challenges; offer feedback to others in similar situations, and more!

**Mondays, July 11, 18, 25; August 1, 8, 15, 22, 29**

**Workforce Wednesday with Career Center Staff**
Learn how to build a resume; discuss interview skills; address on-the-job issues and workplace topics with Career Center staff.

**Wednesdays, 1:00 p.m.**
- Resumes & Cover Letters
- Virtual Job Searching
- Interviewing Skills
- First Day on the Job
- Linked In

**Parenting Support Group with Therapist Diane Lang**
Gain insights, share frustrations and success stories with other parents.

**Wednesdays, 7:00 p.m.**
- Easy, Affordable Summer Activities
- Sleeping Tips for Parents & Caregivers
- Anxiety & Depression in Teens & Tweens
- Parenting Books, Movies, & Podcasts
- Age Appropriate Behavior
- Back to School Transitions
- Parenting Burnout
- Stress Management Tips & Tricks

**Breast Cancer Support Group**
Breast cancer survivors are invited to share their stories and gain support at a virtual Breast Cancer Survivor Support Group. Discuss coping strategies and gain insights in a supportive setting.

**Thursdays, July 7, 21; August 4, 18, 3:00 p.m.**

**Ages & Stages Information Session**
Discuss developmental milestones for your young child and learn how to access an online tool to connect with resources for support.

**Thursdays, July 7, 21; August 4, 18, 3:00 p.m.**

**Enough Abuse Workshops**
Teens and adults are invited to learn about the prevention of child sexual assault at free training sessions offered by the Enough Abuse Campaign, a cooperative effort of Prevent Child Abuse New Jersey, Project Self-Sufficiency and the Sussex Warren Partnership to Prevent Child Sexual Abuse. Learn to recognize and prevent child sexual abuse and increase awareness of safe practices for potential victims.

**Wednesdays, July 13 & August 10, 3:00 p.m.**

**Health Equity**
A Community Health Worker will discuss how factors like socio-economic status and ethnicity can impact your health and result in healthcare disparities. Learn how to advocate for yourself and your family.

**Thursdays, July 14, 28; August 11, 25, 3:00 p.m.**

**Parenting Classes**
Parents of children of all ages can learn how to build positive parenting skills, prevent behavioral problems, and foster effective anger management with the ACT Raising Safe Kids Program developed by the American Psychological Association.

**Tuesdays, July 26 & August 22, 30 6:00 p.m.**

Open to the public—
Call the agency for log-in information

New Ways to Connect with Project Self-Sufficiency & Get on Track for Success!

**Links to Success**
Meet Case Managers, learn about current PSS programs, and start laying the groundwork towards your goals at this informative presentation. Required before enrolling in Career Success or Foundations of Personal Success.

**Mondays, 1:00 p.m.**
**Wednesdays, 5:00 p.m.**
**Thursdays, 11:00 a.m.**

**Career Success**
Begin your journey towards finding meaningful employment with Career Assessments, Goal Setting, and Introduction to Computer Skills. Meet with Career Center staff to map out your next step to employment or education.

**Two week sessions,**
**Tuesdays & Thursdays, 10:00 am—noon**

**Foundations of Personal Success**
Focus on interpersonal skills such as stress management, effective communication, establishing healthy relationships, nutrition, social media, and other topics.

**Two week sessions,**
**Tuesdays & Thursdays, 1:00—3:00 p.m.**
Weekly Career Seminars
Our weekly career seminars can now be accessed online!
Contact Project Self-Sufficiency for log-in information.
Individual appointments available following each seminar

Resumes & Cover Letters ... Work on your resume and cover letter with our Career Center staff!
Get feedback about writing style, content, and more!
Mondays, 1:00 p.m.
July 11, 18, 25; August 1, 8, 15, 22, 29

Job Searching ... Learn how to conduct a productive job search using a variety of resources.
Tuesdays, 1:00 p.m.
July 5, 12, 19, 26; August 2, 9, 16, 23, 20

Workforce Wednesday/Job Club Support Group
Use this group to boost your reach! Review current leads for employment, get feedback from other job seekers, discuss the process and get support. Occasional guest speakers, too!
Wednesdays, 1:00 p.m.
July 6, 13, 20, 27; August 3, 10, 17, 24, 31

Networking & Social Media ... Maximize your job search by creating a Linked In profile, managing your professional identity on social media, and building a professional network.
Thursdays, 1:00 p.m.
July 7, 14, 21, 28; August 4, 11, 18, 25

Career Success & Financial Management ... Discuss smart strategies for advancing your career. Learn how to create a budget and stick to it!
Fridays, 11:00 a.m.
July 1, 8, 15, 22, 29; August 5, 12, 19, 26

Open Employment Lab ... Meet with Career Center staff in person or on Zoom to work on individual career needs: Build your resume, review your cover letter, participate in a mock interview, and get help with your computer skills.

Campus 2 Campus
Campus 2 Campus is a partnership between PSS and Sussex County Community College designed to help non-traditional students take the next step towards college and a career. Offered during Open Lab.
Basic Skills Testing—Scholarship Information—Test Anxiety Support—Budget-Friendly Childcare—Application & Financial Aid Forms—Campus Tours—& More!
Mondays & Wednesdays, 2:00—4:00 p.m. or by appointment.
July 6, 11, 14, 18, 20, 25, 27; August 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

Mock Interviews ... Meet with Career Center staff over Zoom to participate in a practice, virtual interview.
By appointment only.
Call to discuss your preference for in-person or Zoom meeting.

What’s Happening at the Career Center?

Computer Classes—by Zoom

Microsoft Word ... Learn word-processing, create professional-looking letters, newsletters, and other documents. Use mail merge features to print mailing labels and address letters to multiple recipients.
Mondays & Wednesdays, 10:00 a.m.—12:00 p.m.
July 6, 11, 14, 18, 20, 25, 27

Microsoft Excel ... Create spreadsheets, databases and workbooks for use in tracking inventory, sorting data and creating mailing lists. Learn how to add, subtract, multiply and divide rows and columns using formulas and become adept at storing, managing and interpreting data.
Mondays & Wednesdays, 10:00 a.m.—12:00 p.m.
August 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

Office Skills Training Program for Women
Return to the Workforce with Confidence!
The Summer Office Skills (SOS) Program combines computer skills training with classroom instruction and on-the-job experience. Women who have been out of the workforce or underemployed are prepared to seek entry-level office administrative positions.
Tuesdays & Thursdays—In Person,
9:30 a.m.—3:00 p.m.
July 12—September 1
Submit Your Application Today!

New Jersey Youth Corps
Get a High School Diploma!
Registration for the next session of the New Jersey Youth Corps is underway! Teens and adults, ages 16—25, who have not completed high school are moving forward with high school equivalency instruction, and gaining valuable insight from vocational training and community service opportunities. Follow us on Instagram and Facebook!
Refer a student and be eligible for a $100 gift card!
Next session starts in July!

Summer Youth Employment Program
Paid Employment for Rising High School Sophomores & Juniors
Experience—Free Transportation—Career Exploration—Goal Setting
Mondays—Thursdays, July 11—August 11, 9:00 a.m.—4:00 p.m.
Space is Limited —Submit Your Application Today!
Keeping Families Together
Keeping Families Together is a supportive housing program providing housing vouchers, case management and clinical services in Sussex and Morris counties.
We are looking for prospective landlords to partner with us!

Benefits for Landlords
⇒ Staff Available by Phone 24/7
⇒ Consistent On-Time Rent Payments
⇒ Risk Mitigation
⇒ Reduced Vacancy
⇒ Long-term (5 Year) Housing Vouchers
⇒ Education and Support for Families to Become Successful Tenants

Free Legal Assistance & Education
Private Phone Consultations with an Attorney

Project Self-Sufficiency provides FREE legal assistance through our partnership with the IOLTA Fund of the Bar of New Jersey. PSS’s Legal Assistance Program can provide a range of services including individual consultations on the following topics: Family Law, Bankruptcy, Landlord/Tenant, Elder Law, and Expungement. Day & evening phone consultations available. Free, virtual seminars are hosted by volunteer attorneys about Family Law, Bankruptcy, Landlord-Tenant issues, and other topics through the Journey Family Success Center.

Bridges—Young Adult Employment Program
Help for Pregnant or Parenting Young Adults

Get the trainings and certifications you need—FOR FREE—so you can get and keep the job YOU WANT!

Bridges helps pregnant and/or parenting moms and dads, aged 18-24, with job training, meeting educational goals, case management, and support.

With funding from the NJ Department of Labor, young moms and dads can take the next steps toward a career!

Warren County Activities
Programs and Services available in Warren County!

Home Visitation Programs
Nurse Family Partnership ... Low-income, first-time mothers are paired with a nurse who visits them throughout the pregnancy and up until the child’s second birthday.
Healthy Families Program ... For expectant parents and parents of infants. Participation in this program can count toward Work First New Jersey required activities.

Connecting NJ at PSS
Connecting NJ at Project Self-Sufficiency links Sussex and Warren County individuals and families to the help they need.

Call 973-940-3500 and get help today!

Childcare & Preschool at Little Sprouts
Join Our Little Sprouts Family!
Looking for safe childcare or preschool for your child? Be sure to check out the Little Sprouts Early Learning Center! Fully-staffed, state-of-the-art facility, certified teachers in each classroom, two separate playgrounds, half-day and full-day programs available. Subsidized assistance available to eligible families. All safety protocols taken in accordance with the guidelines provided by the State of New Jersey. Free preschool for Newton, NJ, residents, ages 3 - 4.

Take a virtual tour on our website and be sure to check out our You Tube channel!

Call 973-940-3540 to arrange a tour!
**Activities at a Glance**

**Seminars open to active Project Self-Sufficiency participants only.**

### What's Happening at Project Self-Sufficiency

**Courses and activities are free and available to active Project Self-Sufficiency participants. Contact Project Self-Sufficiency for log-in information.**

**Links for Success—**in Person

**Mondays, 1:00 p.m.**
- July 11, 18, 25; August 1, 8, 15, 22, 29
- Wednesdays, 5:00 p.m.
  - July 6, 13, 20, 27; August 3, 10, 17, 24, 31
- **Thursdays, 11:00 a.m.**
  - July 7, 14, 21, 28; August 4, 11, 18, 25

**Career Success—**in Person

**Tuesdays & Thursdays, 10:00 a.m.—noon**
- July 5, 7, 12, 14 & July 19, 21, 26, 28;
  - August 2, 4, 9, 11 & August 16, 18, 23, 25

**Open Lab & Campus 2 Campus—**Via Zoom or in person

**Mondays & Wednesdays, 2:00—4:00 p.m.**
- July 6, 11, 14, 18, 20, 25, 27
- August 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

**Or by appointment**

**Computer Classes—**Via Zoom Microsoft Word

**Mondays & Wednesdays, 10:00 a.m.—12:00 p.m.**
- July 6, 11, 14, 18, 20, 25, 27

**Microsoft Excel**

**Mondays & Wednesdays, 10:00 a.m.—12:00 p.m.**
- August 1, 3, 8, 10, 15, 17, 22, 24, 29, 31

**Resumes & Cover Letters**

**Mondays, 1:00 p.m.—Via Zoom**
- July 11, 18, 25; August 1, 8, 15, 22, 29

**Job Searching**

**Tuesdays, 1:00 p.m.—Via Zoom**
- July 5, 12, 19, 26; August 2, 9, 16, 23, 20

**Job Club/Workforce Wednesday—**Via Zoom

**Wednesdays, 1:00 p.m.**
- July 6, 13, 20, 27; August 3, 10, 17, 24, 31

**Networking & Social Media—**Via Zoom

**Thursdays, 1:00 p.m.**
- July 7, 14, 21, 28; August 4, 11, 18, 25

**Career Success & Financial Management—**Via Zoom

**Fridays, 11:00 a.m.**
- July 1, 8, 15, 22, 29; August 5, 12, 19, 26

**Testing**

**CASAS, Work Readiness, Accuplacer**

**Fridays, 9:30 a.m. - 12:30 p.m.**
- July 1, 8, 15, 22, 29; August 5, 12, 19, 26

**New Jersey Youth Corps**

**Monday—Friday, 10:00 a.m.—4:30 p.m.**
- Register now for the July start date!

**Summer Youth Employment Program**

**Monday—Thursday, 9:00 a.m.—4:00 p.m.**
- July 11—August 11

**Bridges**

**Monday—Friday**

**Summer Office Skills—**in person

**Tuesdays & Thursdays, 10:00a.m—3pm**

**Mommy Parties—**In Person

**Wednesdays, 3:30—5:30 p.m.**
- July 13 & August 10

**Legal Education**

**Legal Consultations**

Day and evening phone consultations available by appointment.

**Legal Seminars—**Via Zoom

**Thursdays, 6:00 p.m.**
- **Family Law, July 14, August 11**
- **Landlord Tenant, July 21**
- **Elder Law, August 4**

**Project Sussex Kids General Council Meeting**

**Wednesday, July 13, 10:00 a.m.**

**Steering Committee Meeting**

**Tuesday, August 16, 10:00 a.m.**

**Back to School Fair**

**Wednesday, August 17, 4:00—7:00 p.m.**

**Family Success Center—**Via Zoom

**Motivation Monday with Therapist Diane Lang**

**Mondays, 2:00 p.m.**
- July 11, 18, 25; August 1, 8, 15, 22, 29

**Women's Support Group**

**Mondays, 7:00 p.m.**
- July 11, 18, 25; August 1, 8, 15, 22, 29

**Workforce Wednesday with Career Center Staff**

**Wednesdays, 1:00 p.m.**
- July 6 13, 20, 27; August 3, 10, 17, 24, 31

**Parent Support Group with Diane Lang**

**Wednesdays, 7:00 p.m.**
- July 6 13, 20, 27; August 3, 10, 17, 24, 31

**Ages & Stages Information Session**

**Thursdays, 3:00 p.m.**
- July 7, 21; August 4, 18

**Health Equity Presentation**

**Thursdays, 3:00 p.m.**
- July 14, 28; August 11, 25

**Breast Cancer Support Group—**Via Zoom

**Tuesdays, 2:00 p.m.**
- July 12 & August 16

**Enough Abuse Workshops—**Via Zoom

**Wednesdays, 3:00 p.m.**
- July 13 & August 10

**Parenting Classes—**Via Zoom

**Tuesdays, 6:00—8:00 p.m.**
- July 26; August 2, 9, 16, 23, 30; September 6, 13, 20

**Connections Matter Stakeholder Group Meeting**

**Wednesday, July 6, 10:00 a.m.**

**Connections Matter Training**

**English:**
- Wednesday, July 13 (in person), 2:00 p.m.
  - Tuesday, August 23 (virtual), 5:00 p.m.

**Español:**
- Jueves, 21 de julio (en persona), 2:00 p.m.
  - Miércoles, 24 de agosto (virtual), 5:00 p.m.

**Understanding ACEs: Building Self-Healing Communities**

**Thursday, July 14, 2:00 p.m.**
- Tuesday, August 17, 5pm

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Have a Safe & Enjoyable Summer!
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<td>SYEP, 9am—4pm</td>
<td>NJYC, 10am—4:30pm</td>
<td>Job Searching, 1pm</td>
<td>22 Bridges</td>
<td>SYEP, 9am—4pm</td>
<td>NJYC, 10am—4:30pm</td>
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<td>NJYC, 10am—4:30pm</td>
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<td>Job Searching, 1pm</td>
<td>29 Bridges</td>
<td>SYEP, 9am—4pm</td>
<td>NJYC, 10am—4:30pm</td>
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</tbody>
</table>

Notes:
- "AGENCY CLOSED" indicates the day is closed.
- Times are listed as 10am—4:30pm, 11am—noon, 1pm—4:30pm, etc.
- Events include Career Success, Job Searching, Networking & Social Media, Foundations, Management, etc.
- Locations include NJYC, Word, Open Lab, Bridges, etc.
- Days include Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday.
- The schedule includes events from Bridges, SYEP, and NJYC.
<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
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**Project Self-Sufficiency Events, August 2022**
Many Families
One Community
Project Self-Sufficiency

Parents of Kids Birth to Age 5!
Are you curious about how your child is developing for his/her age?

Emotional  Social  Physical  Intellectual

Did you know ... 

There’s a FREE online tool to help you check – and connect you with resources to support your child’s development?

Sussex County Residents:
English: https://www.asqonline.com/family/74ef7a
Spanish: https://www.asqonline.com/family/c1567c

Warren County Residents:
English: https://www.asqonline.com/family/e977b8
Spanish: https://www.asqonline.com/family/052b8c

Go to one of the web sites above and enter your child’s birth date. You’ll be directed to the right tool for your child’s age range. Once you complete it, a Central Intake Specialist from Project Self-Sufficiency will reach out to explain your child’s score and connect you with any community resources you might need!

It’s all free for any Sussex or Warren County parent!

Questions? Call PSS at (973) 940-3500 or visit us online!

www.projectselfsufficiency.org

YouTube Facebook Twitter Email Instagram LinkedIn
Little Sprouts is a fully licensed day care and preschool facility for children age 6 weeks through 6 years. Competitive Rates—Convenient Hours & Location—Quality Education using The Creative Curriculum—Caring, Professional Staff—All New, State-of-the-Art Facility

Visit us on the web: www.littlesproutsearlylearningcenter.org
Or call (973) 940-3540 for a tour!

Websites:
www.projectselfsufficiency.org
www.littlesproutsearlylearningcenter.org
www.projectsussexkids.org
www.sussexcountyfamilysuccesscenter.org

“Like” our Facebook Pages:
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Facebook.com/ConnectingNJatPSS

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http://connectingnjatpss.blogspot.com/

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Little Sprouts: https://www.youtube.com/channel/UCQIQ61-7LfUnZxkN5_hpDG?view_as=subscriber
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Find Us on the Internet