

Project Self-Sufficiency NEWSLETTER

March—April 2024

127 Mill Street, Newton, NJ 07860 ★ 973-940-3500 ★
pss@projectselfsufficiency.org ★ www.projectselfsufficiency.org

The Agency will be closed March 29, 2024

Career Fair in April

Meet employers who are eager to hire!



Bring your resume to the Spring Career Fair at Project Self-Sufficiency! Discuss current job openings with employers, attend seminars about job searching techniques, and get feedback on your interview skills.

Family Health Expo in April

Bring the Kids!



Get up-to-the minute info about health resources for the whole family; free health screenings and interactive exhibits.

Wednesday, April 24, 4—7pm



Games—Crafts—Music—Easter
Egg Hunt—and a Visit from a
Special, Floppy-Eared Friend!
March 21st, 5:00—6:30 p.m.

New Jersey Youth Corps Enrolling Now

Get College Credits While You Work Towards Your Diploma!

Did you know that you can get **THREE college credits** from Sussex County Community College while you work towards your high school diploma with Project Self-Sufficiency's New Jersey Youth Corps program? High school drop outs from Sussex & Warren counties, ages 16—25, can get high school equivalency and employment skills training, work experience through community service, and more.

Parenting Skills Program

"Triple P"—Positive Parenting Program

Learn about child development and positive parenting strategies by attending virtual and in-person seminars, support groups, and workshops. Offered on-site at PSS and at select locations in the community. **Check inside for details!**



Need a Driver's License?

Bridges Helps Pregnant & Parenting Young Adults

Get driver's education training along with a range of comprehensive support services geared towards getting on the road to successful parenting and employment. Designed for young adults, ages 16—24; program participants are poised to move on to higher education, unsubsidized employment, occupational training, apprenticeships, or military service.

Tuesdays & Thursdays, 10:00 a.m.—noon

Sister-to-Sister Prom Shop Returns



April 4, 8, 9, 10,
11

3—7pm

April 5 & 12
3—5pm

April 6 & 13,
9am—1pm

We Want to Hear from You

Input from Parents & Caregivers Needed

Parents and caregivers are invited to share concerns and discuss ideas for upcoming events at a meeting of the Journey Family Success Center Parent Advisory Board. Dinner and childcare provided. Let us know how we can help you!

Tuesdays, March 26 & April 23

Goings On at Project Self-Sufficiency

Adverse Childhood Experiences



***Presentations in English
& Spanish!***

Join us for a discussion of the issues surrounding Positive & Adverse Childhood Experiences at Project Self-Sufficiency!

***Intensive ACES education—Impact on the Brain—Information,
Educational Videos, Peer-to-Peer Interaction—
Tips and Strategies for Building Resiliency—
Featured Trauma Expert Presenters and Topics***

Appropriate for parents and providers raising and teaching school-aged children. Advance registration encouraged.



**Presentations in English & Spanish!
Call 973-940-3500 to sign up.**

English
March 19, 2pm
(Zoom)

Español
20 de Marzo, 2pm
(Zoom)

PACEs Stakeholder Group Meeting

Tuesday, March 5, 11:00 a.m.—in person

Understanding ACEs

Parents, Caregivers, Community Providers

Learn how adversity affects health and well-being throughout life. Discuss brain development, community core protective systems capacity, and the importance of attachment and belonging.

Thursday, March 21, 2:00 p.m.—via Zoom

Help for Expectant & New Parents

Explore the range of family support services at Project Self-Sufficiency! Get free parenting tips, baby items, information about childhood health, and other topics from certified nurses or professional family support workers. Services for mother and child help boost literacy levels, address health issues, and highlight potential developmental delays. Women who are pregnant or parenting infants, as well as those with children up to the age of three are eligible.



“Because of Project Self-Sufficiency, I learned about the stages of child development, and I got started on the path to my high school diploma.”
Kayla

Available to income-eligible residents of Sussex, Hunterdon and northern Warren counties.



Project Self-Sufficiency The Food Project & Journey Opportunity on the Move

PSS Journey & The Food Project are on the Road!

Help with career development, food, and other assistance!

Franklin, 10am—2pm

March 7, 21;
April 4, 18

**Hackettstown,
9:30am—3:30pm**

March 12, 26*;
April 9, 23*

Hopatcong, 10am—2pm

March 6, 20;
April 3, 17

Netcong, 10am—2pm

March 5, 19;
April 2, 15, 30

Vernon, 10am—2pm

March 13, 27;
April 10, 24

***Mommy Parties, 12—2pm,
in Hackettstown!**

Family Fun Nights Continue

Thursdays are for Together Time!



Don't make dinner on Thursdays—Join us for pizza, games, crafts, and fun family activities instead!

**March 7, 14, 21
(Spring Fling!), 28;
April 4, 11, 18,
6:00—7:30 p.m.**

Legal Advice & Education

Virtual Seminars ... Learn about Family Law, Elder Law, Bankruptcy, Foreclosure, Expungement, Landlord-Tenant issues, and other topics without leaving the comfort of your own home. **Meetings take place via Zoom; call 973-940-3500 for log-in details.**

Consultations ...

Get FREE advice from an attorney about divorce, bankruptcy, landlord tenant issues and more over the phone.

By appointment only; call 973-940-3500.



Home Visitation Services, Connecting NJ, & Project Sussex Kids

Project Self-Sufficiency offers three evidence-based home visitation programs tailored to meet the needs of low-income parents. Factors such as residency, pregnancy and the age and number of children, help determine which program is best suited for the parents' needs.

Home Visits Help Parents of Young Children

Women who are pregnant or parenting a young child can receive regular consultations from a nurse or certified family support worker via online video platforms, phone or in a safe, socially distant setting at home or in a public place through one of the three Home Visitation Programs offered by Project Self-Sufficiency in Sussex, Warren and Hunterdon counties. The visiting professionals provide support, education and counseling on health, behavioral and self-sufficiency issues.

To find out more about the home visitation programs at Project Self-Sufficiency, call 973-940-3500.



Low-income, first-time mothers are paired with a nurse who visits them throughout the pregnancy and up until the child's second birthday. **Serving Sussex, Warren and Hunterdon counties.**



For expectant parents and parents of infants. Participation in this program can count toward Work First New Jersey required activities. **Serving Sussex and Northern Warren County.**



Parents as Teachers.

For those who are pregnant or parenting an infant or toddler. Using the nationally acclaimed Parents as Teachers™ curriculum. **Serving Sussex and Hunterdon counties.**

Mommy Parties!

Meet other women like you! Get the latest information about household safety, parenting, health and wellness, and other topics. Enjoy fun activities and crafts with your child!

Project Self-Sufficiency	Journey In Hackettstown
March 13, noon April 10, noon	March 26, noon April 23, noon



Parenting Programs Helps Parents, Educators

"Triple P" Addresses Behavior Issues, Stress, & More

Learn practical strategies to address disobedience, mealtime and bedtime strategies, toilet-training, and other topics while reducing stress and building confidence.



"ACT" Targets Anger Management & Discipline

Understand behavior, learn effective anger management and positive discipline. Class completion certificate available.

Power of Positive Parenting (Triple P)	March 6, 5:30 p.m.
Raising Resilient Children (Triple P)	March 13, 5:30 p.m.
Raising Confident, Competent Children (Triple P)	March 20, 5:30 p.m.
Parenting Discussion Group (Triple P)	April 3, 10, 17, 23, 5:30 p.m.
ACT Parenting Class	Tuesdays, April 9—May 28, 6:00 p.m., via Zoom

Project Sussex Kids

Sussex County Council for Young Children

Home Visitation & Early Childhood Advisory Board Meeting

Tuesday, March 5, 11:00 a.m., at Project Self-Sufficiency

Wednesday, March 6, 11:00 a.m., Phillipsburg Housing Authority

Steering Committee & PACEs Stakeholder Group Meeting

Tuesday, March 13, 11:00 a.m.

General Council Meeting

Tuesday, April 16, 11:00 a.m.

Applications accepted on our websites!

Visit www.projectsselfsufficiency.org or www.projectsussexkids.org for more information.



We connect New Jersey families - moms, dads, newborns, teens, young adults, and grandparents -

with the best health and social resources available in our community.

Struggling with utility bills? We can help! Gather photo ID, social security card, proof of income, proof of residence, and a current utility bill, and meet with a friendly family support worker who will advocate for you and help you complete utility assistance applications.



Connecting NJ is a network of partners and agencies dedicated to helping New Jersey families thrive. We provide mothers, fathers, grandparents, and guardians free or affordable access to people, organizations, and other sources of information needed to raise healthy children, such as home visiting programs, NJ Family Care and more.

What's Happening at the Journey Family Success Center?



Helping all families find their path to success!
For more information, visit www.journeyfsc.org.

Virtual programs are open to the public—
Call 973-940-3500 for log-in information.

Motivation Monday—Via Zoom

Learn how to stay positive, get help with anxiety, stress, loneliness, self-esteem, and more.

Mondays, 2:00 p.m.

Curiosity & Lifelong Learning
Altruism: Receiving as Much as You Give
Forgiving Yourself
Forgiving Others (It is for You, Too!)
Resilience: Bouncing Back Better
What IS Happiness Anyway?
Understanding & Achieving "Flow State"
Finding Meaning in Your Day-to-Day
Overcoming the Worry Habit

March 4
March 11
March 18
March 25
April 1
April 8
April 15
April 22
April 29



Women's Support Group—Via Zoom

Get tips on coping, time management, and meeting everyday challenges, and share your experiences with others in similar situations.

Mondays, March 4, 18; April 1, 15, 7:00 p.m.

Workforce Wednesday with Career Center Staff—Via Zoom

Learn how to build a resume; discuss interview skills; address on-the-job issues and workplace topics with Career Center staff.

Wednesdays, 1:00 p.m.

Resumes & Cover Letters
Virtual Job Searching
Interviewing Skills
Career Fair Prep
First Day on the Job

March 6, April 3
March 13
March 20
April 10
March 27, April 24

Parents' Support Group—Via Zoom

Gain insights, share frustrations and success stories with other parents.

Wednesdays,
March 13, 27; April 10, 17, 7:00 p.m.

Enough Abuse Workshops—Via Zoom

Teens and adults can learn to recognize and prevent abuse and increase awareness of safe practices for potential victims. Offered by the Enough Abuse Campaign, a cooperative effort of [Prevent Child Abuse New Jersey](http://www.preventchildabuse.org), Project Self-Sufficiency and the Sussex Warren Partnership to Prevent Child Sexual Abuse.

Wednesdays, March 20 & April 24, 3:00 p.m.

Ages & Stages Information Session—Via Zoom

Discuss developmental milestones for your young child and learn how to access an online tool to connect with resources for support.

Thursdays, March 21 & April 18, 3:00 p.m.

Health Equity—Via Zoom

A Community Health Worker will explain how factors like socio-economic status and ethnicity can impact your health and result in healthcare disparities. Learn how to advocate for yourself and your family.

Thursdays, March 14 & April 11, 3:00 p.m.

Breast Cancer Support Group—Via Zoom

Breast cancer survivors are invited to share their stories, discuss coping strategies, and gain insights in a supportive setting.

Tuesdays, March 12 & April 9, 2:00 p.m.

Father's Support Group—In Person

Facing challenges as a dad? Get helpful tips for coping and meet other fathers in similar circumstances at a support group designed just for you!

Tuesdays, March 5, 12, 19, 26; April 2, 9, 16, 23, 30, 6:00 p.m.

Family Fun Nights!—In Person

Bring the Kids—Dinner Provided

Get the kids out of the house and enjoy fun activities, games, family movies, music, crafts and more. Dinner is on us!

Thursdays, 6:00 p.m.

March 7, 14, 21 (Spring Fling at 5pm!), 28; April 4, 11, 18

March

March Madness, March 7
Luck of the Irish, March 14
Spring Fling, March 21, 5pm
Spring Ahead, March 28

April

April Showers, April 4
Make a Garden, April 11
Earth Day, April 18
Family Health Expo, April 24

Family Success Center Parent Advisory Board

Childcare & Dinner Provided

We want to hear about the issues you are facing and get feedback about ideas for future activities and events. Join your fellow parents and [help us to help you](#) on the path to success!

Tuesdays, 5:00 p.m.

March 26 & April 23



Connect with Project Self-Sufficiency & Get on Track for Success!

Links to Success

Meet Case Managers, learn about current PSS programs, and start laying the groundwork towards your goals at this informative presentation. Required before enrolling in **Career Foundations** or **Foundations for Personal Success**.

Mondays, 12:00 p.m.
Thursdays, 11:00 a.m.

Career Foundations

Begin your journey towards finding meaningful employment with Career Assessments, Goal Setting, and Introduction to Computer Skills. Meet with Career Center staff to map out your next step to employment or education.

Two week sessions,
Tuesdays & Thursdays, 10:00 am—noon

Foundations for Personal Success

Focus on interpersonal skills such as stress management, effective communication, establishing healthy relationships, nutrition, social media, and other topics.

Two week sessions,
Tuesdays & Thursdays, 1:00—3:00 p.m.

What's Happening at the Career Center?

Weekly Career Seminars—in person or online!

Contact Project Self-Sufficiency for log-in information.

Individual appointments available following each seminar

Resumes & Cover Letters ... Work on your resume and cover letter with our Career Center staff! Get feedback about writing style, content, and more!

Mondays, 1:00 p.m.

March 4, 11, 18, 25; April 1, 8, 15, 22, 29

Job Searching ... Learn how to conduct a productive job search using a variety of resources.

Tuesdays, 1:00 p.m.

March 5, 12, 19, 26; April 2, 9, 16, 23, 30

Workforce Wednesday/Job Club Support Group

Use this group to boost your reach! Review current leads for employment, get feedback from other job seekers, discuss the process and get support. Occasional guest speakers, too!

Wednesdays, 1:00 p.m.

March 6, 13, 20, 27; April 3, 10, 17, 24

Networking & Social Media ... Maximize your job search by creating a Linked In profile, managing your professional identity on social media, and building a professional network.

Thursdays, 1:00 p.m.

March 7, 14, 21, 28; April 4, 11, 18, 25

Financial Management ... Discuss smart strategies for advancing your career. Learn how to create a budget and stick to it!

Fridays, 11:00 a.m.

March 1, 8, 15, 22; April 5, 12, 19, 26

Open Employment Lab ... Meet with Career Center staff in person or on Zoom to work on individual career needs: Build your resume, review your cover letter, participate in a mock interview, and get help with your computer skills.

Campus 2 Campus

Campus 2 Campus is a partnership between PSS and Sussex County Community College designed to help non-traditional students take the next step towards college and a career. Offered during Open Lab.

Basic Skills Testing—Scholarship Information—Test Anxiety Support—Budget-Friendly Childcare—Application & Financial Aid Forms—Campus Tours—& More!

Mondays & Wednesdays, 2:00—4:00 p.m. or by appointment.

March 4, 6, 11, 13, 18, 20, 25, 27; April 1, 3, 8, 10, 15, 17, 22, 24, 29

Mock Interviews ... Meet with Career Center staff over Zoom to participate in a practice, virtual interview.

By appointment only.

Call to discuss your preference for in-person or Zoom meeting.



Computer Classes

Microsoft PowerPoint/Outlook ... Create custom slide shows and sophisticated presentations. Manage emails, contacts, tasks, calendars, group scheduling, and to-do lists.

Tuesdays & Thursdays, 10:00 a.m.—Noon

March 5, 7, 12, 14, 19, 21, 26, 28—**In Person**

Microsoft Word ... Learn word-processing, create professional-looking letters, newsletters, and other documents. Use mail merge features to print mailing labels and address letters to multiple recipients.

Tuesdays & Thursdays, 10:00 a.m.—Noon

April 2, 4, 9, 11, 16, 18, 23, 25—**In Person**

Office Skills Training Program for Women

Return to the Workforce with Confidence!

The **Summer Office Skills (SOS)** Program combines computer skills training with classroom instruction and on-the-job experience. Women who have been out of the workforce or underemployed are prepared to seek entry-level office administrative positions.

Tuesdays & Thursdays, 9:30 a.m.—3:00 p.m.

Contact Your Case Manager to Apply for the July Session!



New Jersey Youth Corps **Get a High School Diploma!**



Registration for the next session of the New Jersey Youth Corps is underway. Teens and adults, ages 16—25, who

have not completed high school are moving forward with high school equivalency instruction, vocational training, community service, and receiving THREE college credits. **New Jersey Youth Corps graduates are eligible to receive up to \$7,500 towards expenses for tuition, fees, and equipment needed for continuing education!**

Refer a student and be eligible for a \$100 gift card!

Bridges to Employing Youth **Get a Driver's License!**

Pregnant and parenting young adults, ages 16—24, are invited to get help with:

Identifying Career Paths—Parenting Skills—Career Training & Employability Skills—Case Management & Counseling—Transportation & Childcare—Driver's Education

Tuesdays & Thursdays, 10am—noon

Other Project Self-Sufficiency Programs & Services

Free Legal Assistance & Education

Private Phone Consultations with an Attorney



Project Self-Sufficiency provides **FREE** legal assistance through our partnership with the IOLTA Fund of the Bar of New Jersey. PSS's Legal Assistance Program can provide a range of services including individual consultations on the following topics: Family Law, Bankruptcy, Landlord/Tenant, Elder Law, and Expungement. **Day & evening phone consultations available.** Free, virtual seminars are hosted by volunteer attorneys about Family Law, Bankruptcy, Landlord-Tenant issues, and other topics through the Journey Family Success Center.

Bridges—Young Adult Employment Program

Help for Pregnant or Parenting Young Adults

Get the trainings and certifications you need—**FOR FREE**—so you can get and keep the job **YOU WANT!**

Bookkeeping – Child Development – Culinary – CDL/Trucking – AutoCAD – Welding – Patient Care – Phlebotomy – Web Tools/JAVA—& More

Bridges helps pregnant and/or parenting moms and dads, aged 16-24, with job training, meeting educational goals, case management, and support. With funding from the NJ Department of Labor, young moms and dads can take the next steps toward a career!



Students enrolled in Bridges can get help getting a driver's license!

Be a Celebrity Reader!



Keeping Families Together

Keeping Families Together is a supportive housing program providing housing vouchers, case management and clinical services in Sussex and Morris counties.

We are looking for prospective landlords to partner with us!

Benefits for Landlords

- ⇒ Staff Available by Phone 24/7
- ⇒ Consistent On-Time Rent Payments
- ⇒ Risk Mitigation
- ⇒ Reduced Vacancy
- ⇒ Long-term (5 Year) Housing Vouchers
- ⇒ Education and Support for Families to Become Successful Tenants



Warren County Activities

Programs and Services available in Warren County!

Home Visitation Programs

Nurse Family Partnership ... Low-income, first-time mothers are paired with a nurse who visits them throughout the pregnancy and up until the child's second birthday.

Healthy Families Program ... For expectant parents and parents of infants. Participation in this program can count toward Work First New Jersey required activities.

Connecting NJ at PSS

Connecting NJ at Project Self-Sufficiency links individuals and families to the help they need.

"Triple P" Parenting Program

Virtual and in-person parenting classes and support groups teach practical strategies, reduce stress, and boost confidence.

Mommy Parties in Hackettstown

Mothers and children can enjoy crafts, lunch, and activities onboard PSS Journey in Hackettstown while picking up tips for parenting, health, and wellness.

Childcare & Preschool at Little Sprouts

Join Our Little Sprouts Family!

Looking for high quality childcare or preschool for your child? Be sure to check out the [Little Sprouts Early Learning Center!](#) Fully-staffed, state-of-the-art facility, certified teachers in each classroom, two separate playgrounds, half-day and full-day programs available. Subsidized assistance available to eligible families. All safety protocols taken in accordance with the guidelines provided by the State of New Jersey. Free preschool for Newton, NJ, residents, ages 3 - 4.

Take a virtual tour on our website and be sure to **check out our YouTube channel!** Call 973-940-3540 to arrange a tour!



What's Happening at Project Self-Sufficiency

Courses and activities are free and available to active Project Self-Sufficiency participants.
Contact Project Self-Sufficiency for log-in information.

Links for Success—*In Person*

Mondays, 12:00 p.m.
March 4, 11, 18, 25; April 1, 8, 15, 22, 29
Thursdays, 11:00 a.m.
March 7, 14, 21, 28; April 4, 11, 18, 25

Career Foundations—*In Person*

Tuesdays & Thursdays, 10:00 a.m.—noon
March Session One
March 5, 7, 12 & 14
March Session Two
March 19, 21, 26 & 28
April Session One
April 2, 4, 9 & 11
April Session Two
April 16, 18, 23 & 25

Foundations for Personal Success—*In Person*

Tuesdays & Thursdays, 1:00—3:00 p.m.
March Session One
March 5, 7, 12 & 14
March Session Two
March 19, 21, 26 & 28
April Session One
April 2, 4, 9 & 11
April Session Two
April 16, 18, 23 & 25

Open Lab & Campus 2 Campus—*Via Zoom or in person*

Mondays & Wednesdays, 2:00—4:00 p.m.
March 4, 6, 11, 13, 18, 20, 25, 27;
April 1, 3, 8, 10, 15, 17, 22, 24, 29
Or by appointment

Computer Classes

Microsoft PowerPoint & Outlook—*In Person*
Tuesdays & Thursdays, 10:00 a.m.—Noon
March 5, 7, 12, 14, 19, 21, 26, 28

Microsoft Word—*In Person*

Tuesdays & Thursdays, 10:00 a.m.—Noon
April 2, 4, 9, 11, 16, 18, 23, 25

Resumes & Cover Letters

Mondays, 1:00 p.m.—*In Person or Zoom*
March 4, 11, 18, 25; April 1, 8, 15, 22, 29

Job Searching

Tuesdays, 1:00 p.m.—*In Person or Zoom*
March 5, 12, 19, 26; April 2, 9, 16, 23, 30

Job Club/Workforce Wednesday—*In Person or Zoom*

Wednesdays, 1:00 p.m.
March 6, 13, 20, 27; April 3, 10, 17, 24

Career Fair

Wednesday, April 17, 10:00 a.m.—2:00 p.m.

Networking & Social Media

Thursdays, 1:00 p.m.—*In Person or Zoom*
March 7, 14, 21, 28; April 4, 11, 18, 25

Financial Management

Fridays, 11:00 a.m.—*In Person or Zoom*
March 1, 8, 15, 22; April 5, 12, 19, 26

Testing

CASAS, Work Readiness, Accuplacer
Fridays, 9:30 a.m.—12:30 p.m.
March 1, 8, 15, 22; April 5, 12, 19, 26

New Jersey Youth Corps

Monday—Friday, 10:00 a.m.—4:30 p.m.
Register now for the next session!

Bridges

Tuesdays & Thursdays, 10:00 a.m.—noon
March 5, 7, 12, 14, 19, 21, 26, 28
April 2, 4, 9, 11, 16, 18, 23, 25, 30

Higher Opportunities for Women

Tuesdays & Thursdays, 9:30am—3pm
Contact Your Case Manager to Apply for the July Session!

Mommy Parties

March 13 & April 10, **noon @PSS**
March 26 & April 23, **noon in Hackettstown**

Legal Seminars—*Via Zoom*

Family Law,
Wednesday, March 27; Thursday, April 25, 7:00 p.m.

Adverse Childhood Experiences

Connections Matter
English—*Via Zoom*
Tuesday, March 19 2:00 p.m.
Español—*a través de Zoom*
Miércoles, 20 de Marzo, 2:00 p.m.

Understanding ACEs—*Via Zoom*

Thursday, 2:00 p.m.
March 21

Enough Abuse Workshops—*Via Zoom*

Wednesday, 3:00 p.m.
March 20 & April 24

Project Sussex Kids

Home Visitation & Early Childhood Joint Advisory Board Meeting
Wednesday, March 5, 11:00 a.m., *Project Self-Sufficiency*
Wednesday, March 6, 11:00 a.m., *Phillipsburg Housing Authority*
Steering Committee Meeting & PACES Stakeholder Group Meeting
Tuesday, March 13, 11:00 a.m.
General Council Meeting
Tuesday, April 16, 11:00 a.m.

Family Health Expo

Thursday, April 24, 4:00—6:00 p.m.

ACT Parenting Classes—*Via Zoom*

Tuesdays, 6:00 p.m.
April 9—May 28

Triple P Parenting Program—*In Person*

Power of Positive Parenting
March 6, 5:30 p.m.

Raising Resilient Children
March 13, 5:30 p.m.

Raising Confident, Competent Children
March 20, 5:30 p.m.

Parenting Discussion Group
April 3, 10, 17, 23, 5:30 p.m.

Family Success Center

Motivation Monday—*Via Zoom*
Mondays, 2:00 p.m.
March 4, 11, 18, 25; April 1, 8, 15, 22, 29

Women's Support Group—*Via Zoom*
Mondays, 7:00 p.m.
March 4, 18; April 1, 15

Parent Support Group—*Via Zoom*
Wednesdays, 7:00 p.m.
March 13, 27; April 10, 17

Breast Cancer Support Group—*Via Zoom*
Tuesday, 2:00 p.m.—*Via Zoom*
March 12 & April 9

Father's Support Group—*In Person*
Tuesdays, 6:00 p.m.
March 5, 12, 19, 26; April 2, 9, 16, 23, 30

Ages & Stages Information Session
Thursdays, 3:00 p.m.—*Via Zoom*
March 21 & April 18

Health Equity Presentation—*Via Zoom*
Thursdays, 3:00 p.m.
March 14 & April 11

Family Fun Nights—*In Person*
Thursdays, 6:00—7:30 p.m.
March 7, 14, 28; April 4, 11, 18

Parent Advisory Board Meetings
Tuesdays, 5:00 p.m.—*In Person*
March 26 & April 23

Spring Fling

Thursday, March 21, 5:00 p.m.

Sister-to-Sister Prom Shop

April 4, 8, 9, 10, 11, 3:00—7:00 p.m.
April 5 & 12, 3:00—5:00 p.m.
April 6 & 13, 9:00 a.m.—1:00 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Testing, 9:30am—12:30pm NYC, 10am—4:30pm Financial Management, 11am	2
3	4 NYC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm Women's Support Group, 7pm	5 Journey in Netcong, 10am—2pm HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon PP & O 10am—noon NYC, 10am—4:30pm Home Visitation & Early Childhood Joint Advisory Board Meeting, 11am, PSS Job Searching 1pm Foundations, 1—3pm	6 Journey in Hopatcong, 10am—2pm NYC, 10am—4:30pm Home Visitation & Early Childhood Joint Advisory Board Meeting, 11am, Phillipsburg Job Club/Workforce Wednesday, 1pm Open Lab/C2C 2—4pm Power of Positive Parenting, 5:30pm	7 Journey in Franklin, 10am—2pm HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon PP & O 10am—noon NYC, 10am—4:30pm Links for Success, 11am Networking & Social Media, 1pm Foundations, 1—3pm Family Fun Night, 6pm	8 Testing, 9:30am—12:30pm NYC, 10am—4:30pm Financial Management, 11am	9
10	11 NYC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm	12 Journey in Hackettstown, 9:30—3:30 HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon PP & O 10am—noon NYC, 10am—4:30pm Job Searching 1pm Foundations, 1—3pm	13 Journey in Vernon, 10am—2pm NYC, 10am—4:30pm PSK Steering Committee & PACEs Stakeholder Meeting, 11am Mommy Party, noon, PSS Job Club/Workforce Wednesday, 1pm Open Lab/C2C 2—4pm Raising Resilient Children, 5:30pm Parent Support Group, 7pm	14 HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon PP & O 10am—noon NYC, 10am—4:30pm Links for Success, 11am Networking & Social Media, 1pm Foundations, 1—3pm Health Equity, 3pm Family Fun Night, 6pm	15 Testing, 9:30am—12:30pm NYC, 10am—4:30pm Financial Management, 11am	16
17	18 NYC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm Women's Support Group, 7pm	19 Journey in Netcong, 10am—2pm HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon PP & O 10am—noon NYC, 10am—4:30pm Job Searching 1pm Foundations, 1—3pm Connections Matter, 2pm, English	20 Journey in Hopatcong, 10am—2pm NYC, 10am—4:30pm Job Club/Workforce Wednesday, 1pm Connections Matter, 2pm, Spanish Open Lab/C2C 2—4pm Enough Abuse, 3pm Raising Confident, Competent Children, 5:30pm, PSS	21 Journey in Franklin, 10am—2pm HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon PP & O 10am—noon NYC, 10am—4:30pm Links for Success, 11am Networking & Social Media, 1pm Foundations, 1—3pm Understanding ACEs, 2pm Spring Fling, 5pm	22 Testing, 9:30am—12:30pm NYC, 10am—4:30pm Financial Management, 11am	23
24/31	25 NYC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm	26 Journey in Hackettstown, 9:30—3:30 HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon PP & O 10am—noon NYC, 10am—4:30pm Mommy Party, noon, Hackettstown Job Searching 1pm Foundations, 1—3pm	27 Journey in Vernon, 10am—2pm NYC, 10am—4:30pm Job Club/Workforce Wednesday, 1pm Open Lab/C2C 2—4pm Parent Support Group, 7pm Family Law, 7pm	28 HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon PP & O 10am—noon NYC, 10am—4:30pm Links for Success, 11am Networking & Social Media, 1pm Foundations, 1—3pm Family Fun Night, 6pm	29 AGENCY CLOSED	30

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	1	NYJC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm Women's Support Group, 7pm	2	Journey in Netcong, 10am—2pm HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon Word 10am—noon NYJC, 10am—4:30pm Job Searching 1pm Foundations, 1—3pm Father's Support Group, 6pm	3	Journey in Hopatcong, 10am—2pm NYJC, 10am—4:30pm Job Club/Workforce Wednesday, 1pm Open Lab/C2C 2—4pm Parenting Discussion Group, 5:30pm	4	Journey in Franklin, 10am—2pm HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon Word 10am—noon NYJC, 10am—4:30pm Links for Success, 11am Networking & Social Media, 1pm Foundations, 1—3pm Prom Shop, 3—7pm Family Fun Night, 6pm	5	Testing, 9:30am—12:30pm NYJC, 10am—4:30pm Financial Management, 11am Prom Shop, 3—5pm	6	Prom Shop, 9am—1pm	
7	8	NYJC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm Prom Shop, 3—7pm	9	Journey in Hackettstown, 9:30—3:30 HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon Word 10am—noon NYJC, 10am—4:30pm Job Searching 1pm Foundations, 1—3pm Prom Shop, 3—7pm Father's Support Group, 6pm ACT Parenting Class, 6pm	10	Journey in Vernon, 10am—2pm NYJC, 10am—4:30pm Mommy Party, noon, <i>PSS</i> Job Club/Workforce Wednesday, 1pm Open Lab/C2C 2—4pm Prom Shop, 3—7pm Parenting Discussion Group, 5:30pm Parent Support Group, 7pm	11	HOW 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon Word 10am—noon NYJC, 10am—4:30pm Links for Success, 11am Networking & Social Media, 1pm Foundations, 1—3pm Health Equity, 3pm Prom Shop, 3—7pm Family Fun Night, 6pm	12	Testing, 9:30am—12:30pm NYJC, 10am—4:30pm Financial Management, 11am Prom Shop, 3—5pm	13	Prom Shop, 9am—1pm	
14	15	NYJC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm Women's Support Group, 7pm	16	Journey in Netcong, 10am—2pm HOW, 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon Word 10am—noon NYJC, 10am—4:30pm <i>PSK General Council Meeting, 11am</i> Job Searching 1pm Foundations, 1—3pm Father's Support Group, 6pm ACT Parenting Class, 6pm	17	<i>Career Fair 10am—2pm</i> Journey in Hopatcong, 10am—2pm NYJC, 10am—4:30pm Job Club/Workforce Wednesday, 1pm Open Lab/C2C 2—4pm Parenting Discussion Group, 5:30pm Parent Support Group, 7pm	18	Journey in Franklin, 10am—2pm HOW, 9:30am—3pm Word 10am—noon NYJC, 10am—4:30pm Bridges, 10am—noon Career Foundations, 10am—noon Links for Success, 11am Networking & Social Media, 1pm Foundations, 1—3pm Ages & Stages, 3pm Family Fun Night, 6pm	19	Testing, 9:30am—12:30pm NYJC, 10am—4:30pm Financial Management, 11am	20		
21	22	NYJC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm	23	Journey in Hackettstown, 9:30—3:30 HOW, 9:30am—3pm Bridges, 10am—noon Career Foundations, 10am—noon Word 10am—noon NYJC, 10am—4:30pm Mommy Party, noon, <i>Hackettstown</i> Job Searching 1pm Foundations, 1—3pm Father's Support Group, 6pm ACT Parenting Class, 6pm	24	Journey in Vernon, 10am—2pm NYJC, 10am—4:30pm Job Club/Workforce Wednesday, 1pm Open Lab/C2C 2—4pm Enough Abuse, 3pm Family Health Expo, 4—6pm Parenting Discussion Group, 5:30pm	25	HOW, 9:30am—3pm Word 10am—noon NYJC, 10am—4:30pm Bridges, 10am—noon Career Foundations, 10am—noon Links for Success, 11am Networking & Social Media, 1pm Foundations, 1—3pm Family Law, 7pm	26	Testing, 9:30am—12:30pm NYJC, 10am—4:30pm Financial Management, 11am	27		
28	29	NYJC, 10am—4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Open Lab/C2C 2—4pm	30	Journey in Netcong, 10am—2pm HOW, 9:30am—3pm Bridges, 10am—noon NYJC, 10am—4:30pm Job Searching 1pm Father's Support Group, 6pm ACT Parenting Class, 6pm									

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