

Nurse Family Partnership



The Nurse Family Partnership is a great experience! Being a first-time mom, I am looking for every bit of information I can get. It's a learning experience and I really enjoy it.

It's exciting to have a nurse visit with you. She is a mentor. She's also a part of the Project Self-Sufficiency community and that's a very good thing because there are so many resources available to you. During our visits, I ask my nurse about whatever I need support or help with. We go through a lot of topics and I always learn something with each session.

I really like the continuous support. There's always someone supporting you, and giving you motivation and advice, and helping you grow. The baby is growing, so both of us are growing together.

I work with individuals with disabilities. I help to get them ready for the workforce, so that they can become independent and self-sufficient. I also go to college online. I am studying to become a paralegal.



Free Personal Nurse
Prenatal Care

Healthcare Advice
Breastfeeding Support

Parenting Tips



Enroll at www.projectsselfsufficiency.org