

Project Self-Sufficiency

# Parenting Classes

## ACT Raising Safe Kids Program

Tuesdays, 6:00 p.m. • January 20 – March 10

Developed by the American Psychological Association – Completion Certificate Available



Convenient – Offered via Zoom!

Learn How To:

- Use Positive Parenting Techniques
- Manage Anger
- Prevent Behavioral Problems



**Call 973-940-3500 to Register**

**FREE!**



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127 Mill Street, Newton, NJ 07860 – [www.projectselfsufficiency.org](http://www.projectselfsufficiency.org)