

# Help for Fathers!

## 24:7 Dads Parenting Course Hosted by Project Self-Sufficiency



- Discuss the five characteristics of a 24:7 Dad!
- Improve knowledge, behavior, and skills.
- Learn how to be more involved with your children.
- Strengthen the whole family.

**Tuesdays & Thursdays,  
6:00 p.m.**

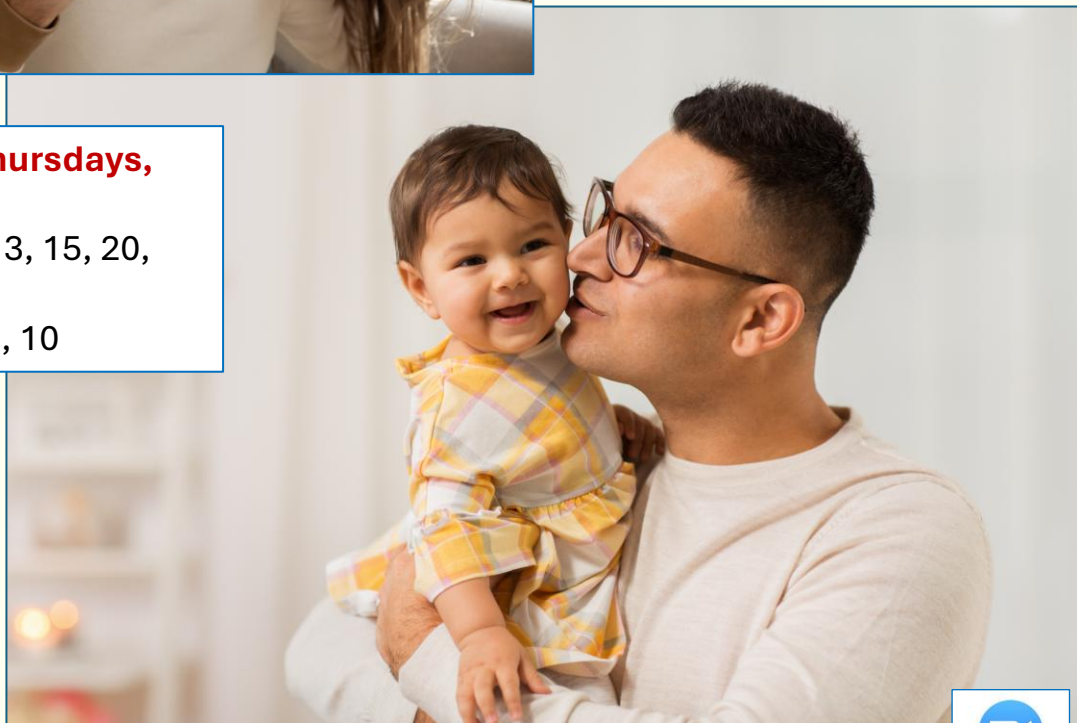
October 6, 8, 13, 15, 20,  
22, 27, 29;  
November 3, 5, 10

**Childcare  
Available  
Upon  
Request**

FREE LEARNING CENTER



An Evidence-Based Fatherhood Program



**Free!**

**Call 973-940-3500 to Register or  
Register Online,**

[www.projectselfsufficiency.org/parenting-classes](http://www.projectselfsufficiency.org/parenting-classes)

**Also available by Zoom!**



**Get a gift card for attendance –  
learn more in class!**

A program of the Journey Family Success Center

