

Project Self-Sufficiency

Parenting Classes

ACT Raising Safe Kids Program

Tuesdays

October 15–November 26, 6:00 pm

Free & Open to the Public

Call 973-940-3500 to Register

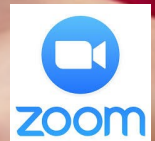
Via Zoom

Parenting classes use the nationally recognized **ACT Raising Safe Kids** program to teach positive parenting skills, prevent violence, and foster effective anger management. Developed by the American Psychological Association.



Learn How To:

- ⇒ Use Positive Parenting Techniques
- ⇒ Manage Anger
- ⇒ Prevent Behavior Problems



Parenting Classes at Project Self-Sufficiency
are a program of
Project Sussex Kids & the Journey
Family Success Center



Project Self-Sufficiency

127 Mill Street, Newton, NJ 07860–www.projectsselfsufficiency.org