

Project Self-Sufficiency Newsletter



127 Mill Street, Newton, NJ 07860 – 973-940-3500 – pss@projectselfsufficiency.org - www.projectselfsufficiency.org

The Agency will be closed November 25 – 27, December 23, 2026 – January 1, 2027.

November – December 2026

Pregnancy & Infancy Summit

Expert Advice, Professional Photos, & More!



Get up-to-date information about pregnancy, prenatal care, caring for a newborn—and a professional photo, too! Featuring Keynote Speaker Dr. Chris Canzoniero, giveaways, lunch, childcare, and more. *Opportunity to receive a gift card!*

**Thursday, November 19,
10:00 a.m. – noon**

Earth Angels Holiday Help for Seniors

Gift Cards & More

Do you know a senior citizen in Sussex or Warren Counties who could use a little help during the holidays? The Earth Angels program offers festive bags stuffed with gift cards and special items designed to brighten the holidays.

**Call 973-940-3500 to register
for assistance.**



Get Ready for Thanksgiving

Does Your Family Need Help at Thanksgiving?

Thanks to our very generous community, Project Self-Sufficiency participants may be able to receive a frozen turkey and all the fixings for a complete Thanksgiving feast! Supplies are dependent upon donations and can be limited; contact your Case Manager or Home Visitor to register.



The Season of Hope Toy Shop

New Gifts & Toys for Infants, Children & Teens

The Season of Hope Toy Shop is open to current, active Project Self-Sufficiency participants as well as members of the public. New gifts and toys will be available for infants, toddlers, children and teens.

Details about the dates, times, and location of the Toy Shop will be provided at the time of registration. The number of toys per child is determined by the number of people registered and the number of donations received.

You Must be Registered to Use the Toy Shop

No Appointment Needed

In-Person Toy Shop Registration:

November 9, 10, 11, 13, 10am – 4pm

November 12, 10am – 7pm

November 14, 9am – noon

New Jersey Youth Corps Enrolling Now

Get College Credits & A High School Diploma!

Did you know that students can get **THREE college credits** from Sussex County Community College while working towards a high school diploma with Project Self-Sufficiency's New Jersey Youth Corps program? High school dropouts from Sussex & Warren counties, ages 16–25, can get high school equivalency and employment skills training, work experience through community service, and more.

Next session starts in February!

Help for Expectant & New Parents

Explore the range of family support services at Project Self-Sufficiency! Get free parenting tips, baby items, information about childhood health, and other topics from certified nurses or professional family support workers. Services for mother and child help boost literacy levels, address health issues, and highlight potential developmental delays. Women who are pregnant or parenting infants, as well as those with children up to the age of three are eligible.

Available to income-eligible residents of Sussex, Hunterdon, and northern Warren counties.

Parenting Class for Fathers

For New & Experienced Dads

Dads! This course is designed just for you! Learn what it means to be a man, tap into your strengths, master your emotions, and get help with handling health, discipline, and co-parenting.

In-person or online.

Tuesdays & Thursdays, 6:00 p.m.

Starts November 3rd.

Read What Dads are Saying about 24:7 Dads[®]:

"I'm a better partner and father because of this program."

"This program helps Dads be better versions of themselves."

Goings on at Project Self-Sufficiency

Help for Moms and Parents-to-Be

Learn about Health, Safety, and More

Pregnant women and parents of young children can access the information and resources they need to be successful! Hear from pediatrician Dr. Chris Canzoniero. Get information about early childhood health, safety, and education. Prizes, baby items, and giveaways, too!



Pregnancy & Infancy Summit, 10:00 a.m.

➤ **November 19**

Opportunity to Receive a Gift Card!

Get a High School Diploma

New Jersey Youth Corps Starts in February!



- Literacy and high school equivalency education.
- THREE college credits.
- Skills for work and life.
- Personal and career counseling.
- Community service/job placement.
- Free transportation and childcare.
- \$5,000 towards tuition, textbooks, computers, or fees for higher education.

College Could be for You!

Campus 2 Campus!



- ✓ Basic Skills Testing
- ✓ Test Anxiety Support
- ✓ Application & Financial Forms
- ✓ Scholarship Information
- ✓ Degree & Certificate Programs
- ✓ Childcare
- ✓ Campus Tours

SCCC Info Session at PSS:

November 16, 10:00 a.m.

C2C Class at PSS: November 24, 10:00 a.m.

PSS Office Hours at SCCC Student Center,

Wednesdays, 10:00 a.m. – 2:00 p.m.

SCCC Tours Upon Request

Holiday Party

Games, Music, Crafts & a Visit from Santa!

Bring the kids to see Santa and enjoy games, holiday music, crafts, and more.

Thursday, December 1st, 11:00 a.m.

In Hackettstown - Must Register in Advance!



Nourish to Flourish Food Pantry Hours

Tuesday & Wednesday, 10:00 a.m. – 1:00 p.m.

Thursday, 10:00 a.m. – 1:00 p.m. & 4:00 – 6:00 p.m.

Pre-bagged food available, Monday - Friday, 9:00 a.m. – 5:00 p.m.

Journey Schedule

Franklin, 10am – 2pm

November 13

December 3

Hackettstown, 9:30am – 3:30pm

November 3, 17

December 15

Hopatcong, 10am – 2pm

November 11

December 2

Netcong, 10am – 2pm

November 10

December 1

Vernon, 10am – 2pm

November 4, 28

December 16

Look for us in a town near you!

Office Skills Training Program for Women

Higher Opportunities for Women

Rejuvenate your skills with the Higher Opportunities for Women employment skills training program.

Microsoft Office Computer Training:

Basic Computer Skills—Microsoft Word, Excel, PowerPoint & Outlook

Employability Skills:

Resumes & Cover Letters—

Job Search Techniques—Interview Skills

Tuesdays & Thursdays, 9:30am—3pm, beginning in February!



This Could Be You!

Adverse Childhood Experiences

Learn about the Impact of Childhood Trauma

Explore the impact of childhood trauma, discuss the importance of supportive connections, and address methods for building resilient communities. Workshops held via Zoom.

Connections Matter (English)

Tuesday,
November 17, 2:00 p.m.

Connections Matter (Spanish)

Wednesday,
November 18, 2:00 p.m.

Early Childhood & Connecting NJ

Project Self-Sufficiency offers three evidence-based home visitation programs tailored to meet the needs of low-income parents. Factors such as residency, pregnancy, and the age and number of children help determine which program is best suited for the parents' needs.

Nurse Family Partnership	Healthy Families	Parents as Teachers
Low-income mothers are paired with a nurse who visits them throughout the pregnancy and up until the child's 2 nd birthday. <i>Serving Sussex, Warren, & Hunterdon Counties.</i>	For expectant parents and parents of infants. Participation in this program can count towards Work First NJ required activities. <i>Serving Sussex & Northern Warren Counties.</i>	For those who are pregnant or parenting an infant or toddler. Using the nationally-acclaimed Parents as Teachers curriculum. <i>Serving Sussex & Hunterdon Counties.</i>

Help for Expectant & New Parents

Women who are pregnant or parenting a young child can receive regular consultations from a nurse or certified family support worker via online video platforms, phone, at home or in a public place through one of the three Home Visitation Programs offered by Project Self-Sufficiency in Sussex, Warren and Hunterdon counties. The visiting professionals provide support, education and counseling on health, behavioral and self-sufficiency issues.

Lunch, Learn & Grow at a Mommy Party!	
Project Self-Sufficiency	Hackettstown
November 11, noon	November 17, December 1 11:00 a.m.

Help for Parents

24:7 Dads Parenting Class

Learn the five characteristics of a 24:7 dad! Improve knowledge, behavior, and skills, help fathers to be more involved with their children, and ultimately strengthen families. In-person or by Zoom.



Tuesdays & Thursdays, 6:00 p.m.
Starts November 3rd!
2027 session starts January 19th!

ACT Parenting Course

ACT Parenting classes use the nationally recognized **ACT Raising Safe Kids** program to teach positive parenting skills, prevent violence, and foster effective anger management. Developed by the American Psychological Association. Offered via Zoom.

Tuesdays at 6:00 p.m.
New session starts January 19th!



Connecting NJ is a network of partners and agencies dedicated to helping New Jersey families thrive. We provide mothers, fathers, grandparents, and guardians free or affordable access to people, organizations, and other sources of information needed to raise healthy children, such as home visiting programs, NJ Family Care and more. **We connect New Jersey families - moms, dads, newborns, teens, young adults, and grandparents - with the best health and social resources available in our community.**



One-on-One Parenting Coaches Available



Get Help from a Personal Parenting Coach!
Individualized Assistance Targeted to Your Needs & Matched to Your Schedule!

Motivation Monday—Via Zoom

Learn how to stay positive, get help with anxiety, stress, loneliness, self-esteem, and more.

Mondays, 2:00 p.m.

<i>Finding Connection</i>	November 2
<i>Mindfulness</i>	November 9
<i>How to Bounce Back</i>	November 16
<i>Make Better Decisions</i>	November 23
<i>Managing Stress</i>	November 30
<i>Positivity</i>	December 7

Breast Cancer Support Group—Via Zoom

Breast cancer survivors are invited to share their stories, discuss coping strategies, and gain insights in a supportive setting.

Tuesday, November 10, 2:00 p.m.

Workforce Wednesday with Career Center Staff—Via Zoom

Learn how to build a resume; discuss interview skills; address on-the-job issues and workplace topics with Career Center staff.

Wednesdays, 1:00 p.m.

<i>Resumes & Cover Letters</i>	November 4, December 2
<i>Job Searching</i>	November 11
<i>Interviewing Skills</i>	November 18

Brilliant, Resilient You Support Group – In Person

For women who are moving forward after a divorce or separation.

Wednesdays, 6:00 – 7:30 p.m.

November 4, 18



New!

Bring the Kids to the Holiday Party!

Tuesday, December 1st • 11:00 a.m.

**Trinity United Methodist Church
in Hackettstown**

Games – Crafts - Music - Pizza

Visit from a Special North Pole Resident!



Be Sure to Get a Picture with Santa!

Journey FSC @ Little Sprouts Early Learning Center Family Nights—In Person

Parents and Little Sprouts Early Learning Center students can enjoy games, crafts, themed activities and pizza!

Wednesdays, November 18, December 16, 5:30 p.m.

Parents' Support Group—Via Zoom

Gain insights, share frustrations and success stories with other parents.

Wednesdays, November 4, 18; December 2, 7:00 p.m.

Connect with Project Self-Sufficiency and Get on Track for Success!

Links to Success

Meet Case Managers, learn about current PSS programs, and start laying the groundwork towards your goals at this informative presentation. Required before enrolling in **Career Foundations** or **Foundations for Personal Success**.

Mondays & Tuesdays, noon; Wednesdays, 11am; Thursdays, 1pm; Fridays, 10am

Career Foundations

Begin your journey towards finding meaningful employment with Career Assessments, Goal Setting, and Introduction to Computer Skills. Meet with Career Center staff to map out your next steps to employment or education.

**Two-week sessions:
Tuesdays & Thursdays, 10am - noon**

Foundations for Personal Success

Focus on interpersonal skills such as stress management, effective communication, establishing healthy relationships, nutrition, social media, and other topics.

**Two-week sessions:
Tuesdays & Thursdays, 1 – 3pm**

Career & Employment Training

Weekly Career Seminars—*in person or online!*

Contact Project Self-Sufficiency for log-in information.

Individual appointments available following each seminar.

Resumes & Cover Letters

Work on your resume and cover letter with our Career Center staff! Get feedback about writing style, content, and more!

Mondays, 1:00 p.m.

November 2, 9, 16, 23, 30

Launch Your Career

Gain insight and discuss smart strategies for advancing your career in a new, online support group.

Mondays, 7:00 p.m.

November 2, 16; December 7

Job Searching

Learn how to conduct a productive job search using a variety of resources.

Tuesdays, 1:00 p.m.

November 3, 10, 17, 24; December 1

Workforce Wednesday/Job Club Support Group

Use this group to boost your reach! Review current leads for employment, get feedback from other job seekers, discuss the process and get support. Occasional guest speakers, too!

Wednesdays, 1:00 p.m.

November 4, 11, 18; December 2

Networking & Social Media

Maximize your job search by creating a Linked In profile, managing your professional identity on social media, and building a professional network.

Thursdays, 1:00 p.m.

November 5, 12, 19; December 3

Open Employment Lab

Meet with Career Center staff in person or on Zoom to work on individual career needs: Build your resume, review your cover letter, participate in a mock interview, and get help with your computer skills.

Tuesdays & Thursdays, 10:00 a.m.—noon, 3:00 – 4:30 p.m.

November 3, 5, 10, 12, 17, 19, 24

December 1, 3

Fridays, 1:00—3:00 p.m., or by appointment.

November 6, 13, 20; December 4

Mock Interviews

Meet with Career Center staff over Zoom to participate in a practice, virtual interview. **By appointment only. In Person or Via Zoom.**

Office Skills Training Program for Women

The **Higher Opportunities for Women (HOW)** Program combines computer skills training with classroom instruction and on-the-job experience. Women who have been out of the workforce or underemployed are prepared to seek entry-level office administrative positions.

Tuesdays & Thursdays, 9:30 a.m.—3:00 p.m.

Starts in February!

Computer Classes

Microsoft Word – In Person

Learn word-processing, create professional-looking letters, newsletters, and other documents. Use mail merge features to print mailing labels and address letters to multiple recipients.

Tuesdays & Thursdays, 10am – noon

November 3, 5, 10, 12, 17, 19, 24



New Jersey Youth Corps

Get a High School Diplomal

Registration for the next session of the New Jersey Youth Corps is underway. Teens and adults, ages 16—25, who have not completed high school are moving forward with high school equivalency instruction, vocational training, community service, and receiving THREE college credits.

New Jersey Youth Corps graduates are eligible to receive up to \$5,000 towards expenses for tuition, fees, and equipment needed for continuing education!

Refer a student and be eligible for a \$100 gift card!

Campus 2 Campus

Take the next step towards college and a career!

Basic Skills Testing—Scholarship Information—Test Anxiety Support—Budget-Friendly Childcare—Application & Financial Aid Forms—Campus Tours—& More!

SCCC Info Session at PSS:

November 16, 10:00 a.m.

C2C Class at PSS:

November 24, 10:00 a.m.

SCCC Tours Upon Request



Bridges to Employing Youth

Pregnant and parenting young adults, ages 18—24, can help with:

Identifying Career Paths—Parenting Skills—Career Training & Employability Skills – Case Management & Counseling – Transportation & Childcare

Tuesdays & Thursdays, 10:00 a.m.—noon

November 3, 5, 10, 12, 17, 19, 24

December 1, 3

Budget Basics

Create a realistic budget, track income and expenses, identify spending habits, set financial goals, make informed decisions with confidence.

Two-part class, Tuesdays & Thursdays, 11:00 a.m. - noon

November 3 & 5; 10 & 12; 17 & 19; 24

December 1 & 3

New!

Additional Programs & Services

Free Legal Assistance & Education

Project Self-Sufficiency provides **FREE** legal assistance through our partnership with the IOLTA Fund of the Bar of New Jersey.

The agency's Legal Assistance Program can provide a range of services including individual consultations on the following topics: Family Law, Bankruptcy, Landlord/Tenant, Elder Law, and Expungement. **Day & evening phone consultations available.**

Free seminars are hosted by volunteer attorneys via Zoom regarding Family Law, Bankruptcy, Landlord-Tenant issues, and other topics.



Pregnancy & Infancy Summit

For Parents of Young Kids & Moms-to-Be

Thursday, November 19 ■ 10:00 a.m. – noon



Pediatrician
Dr. Chris Canzoniero

Learn everything you need to know about your pregnancy **AND**

The ABC's and 123's of caring for your infant and toddler

Keynote Speaker –
Expert Healthcare & Child Advice –
Professional Photos –
Fantastic Prizes –
Free Baby Items - Lunch – Childcare
Opportunity to Receive a Gift Card!

Keeping Families Together

Keeping Families Together is a supportive housing program providing housing vouchers, case management and clinical services in Sussex and Morris counties.

We are looking for prospective landlords to partner with us!

Benefits for Landlords

- Staff Available by Phone 24/7
- Consistent On-Time Rent Payments
- Risk Mitigation
- Reduced Vacancy
- Long-term (5 Year) Housing Vouchers
- Education and Support for Families to Become Successful Tenants



Available in Warren County

Nurse Family Partnership ... Low-income, first-time mothers are paired with a nurse who visits them throughout the pregnancy and up until the child's second birthday.

Healthy Families Program ... For expectant parents and parents of infants. Participation in this program can count toward Work First New Jersey required activities.

Connecting NJ at PSS

Connecting NJ at Project Self-Sufficiency links individuals and families to the help they need.

"Triple P" Parenting Program

Virtual and in-person parenting classes and support groups teach practical strategies, reduce stress, and boost confidence.

Mommy Parties in Hackettstown

Mothers and children can enjoy crafts, lunch, and activities onboard PSS Journey in Hackettstown while picking up tips for parenting, health, and wellness.

Complete the Ages & Stages Questionnaire online!



Happening at the Little Sprouts Early Learning Center!

Childcare & Preschool

Little Sprouts is a fully licensed day care and preschool facility for children age 6 weeks through 6 years.

Free Preschool for Newton, NJ, Residents, Ages 3 & 4
Convenient Hours & Location
Caring, Professional Staff
Age-Appropriate Playgrounds
Subsidized Assistance for Eligible Families

Competitive Rates

Quality Education using "The Creative Curriculum"
State-of-the-Art Facility
Half-Day & Full-Day Programs

Take a virtual tour on our website and be sure to **check out our YouTube channel!**

Call 973-940-3540 to arrange a tour!

Monthly Family Nights at Little Sprouts

Parents and students are invited to enjoy games, dinner, crafts, and fun activities at special Journey Family Success Center Family Nights at the Little Sprouts Early Learning Center.

Wednesdays, November 18, December 16, 5:30 p.m.



Activities at a Glance

Courses and activities are free and available to active Project Self-Sufficiency participants. **Contact Project Self-Sufficiency for log-in information.**

Links for Success—*In Person*

Mondays, 12:00 p.m.

November 9, 16, 23, 30

December 14, 21

Tuesdays, 12:00 p.m.

November 3, 10, 17, 24

December 1

Wednesdays, 11:00 a.m.

November 4, 11, 18

December 2

Thursdays, 1:00 p.m.

November 5, 12

December 3

Fridays, 10:00 a.m.

November 13

December 4

Career Foundations—*In Person*

Tuesdays & Thursdays, 10:00 a.m.—noon

November Session One

November 3, 5, 10, 12

November Session Two

November 17, 19, 24

December Session

December 1, 3

Foundations for Personal Success—

In Person

Tuesdays & Thursdays, 1:00—3:00 p.m.

November Session One

November 3, 5, 10, 12

November Session Two

November 17, 19, 24

December Session

December 1, 3

Open Lab—*Online or In Person*

Tuesdays & Thursdays, 10:00 a.m.—noon, 3:00 – 4:30 p.m.

November 3, 5, 10, 12, 17, 19, 24;

December 1, 3

Fridays, 1:00—3:00 p.m., or by

appointment.

November 6, 13, 20

December 4

Campus 2 Campus—*In Person*

SCCC Info Session at PSS:

November 16, 10:00 a.m.

C2C Class at PSS:

November 24, 10:00 a.m.

SCCC Tours Upon Request

Computer Classes

Tuesdays & Thursdays, 10am – noon

Microsoft Word—*In Person*

November 3, 5, 10, 12, 17, 19, 24

Resumes & Cover Letters

Mondays, 1:00 p.m.—*In Person or Online*

November 2, 9, 16, 23, 30

Job Searching

Tuesdays, 1:00 p.m.—*In Person or Online*

November 3, 10, 17, 24; December 1

Launch Your Career—*Online*

Mondays, 7:00 p.m.

November 2, 16; December 7

Budget Basics—*In Person*

Tuesdays & Thursdays, 11:00 a.m. – noon

November 3 & 5; 10 & 12; 17 & 19; 24

December 1 & 3

Job Club/Workforce Wednesday—

In Person or Online

Wednesdays, 1:00 p.m.

November 4, 11, 18; December 2

Networking & Social Media

Thursdays, 1:00 p.m.—*In Person or Online*

November 5, 12, 19; December 3

Testing

CASAS, Work Readiness, Accuplacer

Fridays, 9:30 a.m.—12:30 p.m.

November 6, 13, 20

December 4

New Jersey Youth Corps

Monday—Thursday, 10:00 a.m.—4:30 p.m.

Friday, 10:00 a.m.—noon

Register now for the next session!

Bridges

Tuesdays & Thursdays, 1:00—3:00 p.m.

November 3, 5, 10, 12, 17, 19, 24

December 1, 3

Higher Opportunities for Women

Tuesdays & Thursdays,

9:30 a.m.—3:00 p.m.

Starts in February!

Mommy Parties

Project Self-Sufficiency, noon

Wednesday, November 11

Hackettstown, 11:00 a.m.

Tuesday, November 17, December 1

Adverse Childhood Experiences

Connections Matter*, English—*Online

Tuesday, November 17, 2:00 p.m.

Español—*en línea*

Miercoles, 18 de Noviembre, 2:00 p.m.

Early Childhood

Pregnancy & Infancy Summit—*In Person*

November 19, 10:00 a.m.

Home Visitation & Early Childhood Joint Advisory Board Meeting

Tuesday, December 1, 11:00 a.m.,

Project Self-Sufficiency

Wednesday, December 2, 11:00 a.m.,

Phillipsburg Housing Authority

24:7 Dads Parenting Course—*In Person or Online*

Tuesdays and Thursdays, 6:00 p.m.

Starts November 3

Family Success Center

Motivation Monday—Online

Mondays, 2:00 p.m.

November 2, 9, 16, 23, 30;

December 7

Breast Cancer Support Group—*Online*

Tuesdays, 2:00 p.m.

November 10

Brilliant, Resilient You Support Group—*In Person*

Wednesdays, 6:00 – 7:30 p.m.

November 4, 18

Parents' Support Group—*Online*

Wednesdays, 7:00 p.m.

November 4, 18

December 2

Family Nights at Little Sprouts

Tuesdays, 5:30 p.m.

November 18, December 16

Legal Seminars—*Online*

Thursdays,

***Family Law*, 7:00 p.m.**

November 19

Holiday Party

Tuesday, December 1

11:00 a.m.

Coming in January!

- **ACT Raising Safe Kids Parenting Course**, Starts January 19th
- **24:7 Dads Parenting Course**, Starts January 19th
- **Higher Opportunities for Women**, Starts in February
- **New Jersey Youth Corps**, Starts in February

Happy Holidays!



November Events

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2 NJYC, 10am – 4:30pm Resumes & Cover Letters, 1pm Motivation Monday, 2pm Launch Your Career, 7pm	3 Journey in Hacktsttown, 9:30am – 3:30pm HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Career Foundations, 10am Open Lab, 10am – noon Word, 10am – noon Budget Basics, 11am Links, noon Foundations, 1pm Job Searching, 1pm Bridges, 1 – 3pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm	4 NJYC, 10am – 4:30pm Journey in Vernon, 10am – 2pm Links, 11am Workforce Wednesday, 1pm Brilliant, Resilient You, 7pm Parents' Support Group, 7pm	5 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Links, 1pm Career Foundations, 10am Open Lab, 10am – noon Word, 10am – noon Budget Basics, 11am Foundations, 1pm Networking & Social Media, 1pm Bridges, 1 – 3pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm	6 Testing, 9:30am – 12:30pm NJYC, 10am – noon Open Lab, 1 – 3pm	7
8	9 Toy Shop Registration, 10am – 4pm NJYC, 10am – 4:30pm Links, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	10 Toy Shop Registration, 10am – 4pm HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Journey in Netcong, 10am – 2pm Career Foundations, 10am Open Lab, 10am – noon Word, 10am – noon Budget Basics, 11am Links, noon Foundations, 1pm Job Searching, 1pm Bridges, 1 – 3pm Breast Cancer Support Group, 2pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm	11 Toy Shop Registration, 10am – 4pm NJYC, 10am – 4:30pm Journey in Hopatcong, 10am – 2pm Links, 11am Mommy Party, noon, PSS Workforce Wednesday, 1pm	12 Toy Shop Registration, 10am – 7pm HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Journey in Franklin, 10am – 2pm Career Foundations, 10am Open Lab, 10am – noon Word, 10am – noon Budget Basics, 11am Links, 1pm Foundations, 1pm Networking & Social Media, 1pm Bridges, 1 – 3pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm	13 Toy Shop Registration, 10am – 4pm Testing, 9:30am – 12:30pm NJYC, 10am – noon Links, 10am Open Lab, 1 – 3pm	14 Toy Shop Registration 9am – noon
15	16 NJYC, 10am – 4:30pm C2C, 10am Links, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Launch Your Career, 7pm	17 Journey in Hacktsttown, 9:30am – 3:30pm HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Career Foundations, 10am Open Lab, 10am – noon Word, 10am – noon Budget Basics, 11am Mommy Party, 11am, Hacktsttown Links, noon Foundations, 1pm Job Searching, 1pm Bridges, 1 – 3pm Connections Matter, <i>English</i> , 2pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm	18 Journey in Vernon, 10am – 2pm Links, 11am Workforce Wednesday, 1pm Connections Matter, <i>Spanish</i> , 2pm Family Fun Night, 5:30 pm Brilliant, Resilient You, 7pm Parents' Support Group, 7pm	19 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Pregnancy & Infancy Summit, 10am Career Foundations, 10am Open Lab, 10am – noon Word, 10am – noon Budget Basics, 11am Foundations, 1pm Networking & Social Media, 1pm Bridges, 1 – 3pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm Family Law, 7pm	20 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links, 10am Open Lab, 1 – 3pm	21
22	23 NJYC, 10am – 4:30pm Links, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	24 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm Career Foundations, 10am Open Lab, 10am – noon Word, 10am – noon C2C, 10am Budget Basics, 11am Links, noon Foundations, 1pm Job Searching, 1pm Bridges, 1 – 3pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm	25	26 AGENCY CLOSED	27 AGENCY CLOSED	28
29	30 Links, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm					

December Events

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
		1 HOW, 9:30am – 3pm Journey in Netcong, 10am – 2pm NJYC, 10am – 4:30pm Career Foundations, 10am Open Lab, 10am – noon Holiday Party, 11am, Hacktstown Home Visitation/IAB meeting, 1am, PSS Links, noon Foundations, 1pm Job Searching, 1pm Bridges, 1 – 3pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm	2 Journey in Hopatcong, 10am – 2pm NJYC, 10am – 4:30pm Links, 11am Home Visitation/IAB meeting, 1am, <i>Phillipsburg</i> Workforce Wednesday, 1pm Parents' Support Group, 7pm	3 HOW, 9:30am – 3pm Journey in Franklin, 10am – 2pm NJYC, 10am – 4:30pm Career Foundations, 10am Open Lab, 10am – noon Budget Basics, 11am Links, 1pm Foundations, 1pm Networking & Social Media, 1pm Bridges, 1 – 3pm Open Lab, 3 – 4:30pm 24:7 Dads, 6pm	4 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links, 10am Open Lab, 1 – 3pm	5
6	7 Motivation Monday, 2pm Launch Your Career, 7pm	8	9	10	11	12
		<i>← Journey Off the Road →</i>				
13	14 Links, noon	15 Journey in Hacktstown, 9:30am – 3:30pm	16 Journey in Vernon, 10am – 2pm Family Fun Night, 5:30 pm	17	18	19
20	21 Links, noon	22	23	24	25	26
		<i>← Journey Off the Road →</i>				
27	AGENCY CLOSED	AGENCY CLOSED	AGENCY CLOSED	AGENCY CLOSED	AGENCY CLOSED	
	28	29	30	31		

Register for the Season of Hope Toy Shop!

Project Self-Sufficiency and our partners will distribute holiday gifts to over **2,200 children** in Sussex and Warren counties in 2026.



If you're in need of assistance to provide FREE holiday gifts for your children this year, the **Season of Hope Toy Shop** is here for you!

Register IN PERSON at Project Self-Sufficiency on one of these dates -

Monday, November 9	10:00 a.m. to 4:00 p.m.
Tuesday, November 10	10:00 a.m. to 4:00 p.m.
Wednesday, November 11	10:00 a.m. to 4:00 p.m.
Thursday, November 12	10:00 a.m. to 7:00 p.m.
Friday, November 13	10:00 a.m. to 4:00 p.m.
Saturday, November 14	9:00 a.m. to 12:00 p.m.

What To Bring With You To Register:

Proof of Residence (bring one)

You must be a resident of Sussex or Northern Warren County.

US postal mail, such as a utility bill
or Driver's License
or County ID

Child Verification (bring one for each child)

You must bring documentation for each child you intend to shop for.

Birth Certificate
or Report Card/School Record
or Social Security Card
or Medical ID Card

No documentation of income will be required, however please be prepared to supply your monthly income and sources of income. All information is strictly for the purpose of registering for the Season of Hope Toy Shop. Your information is 100% confidential. **Only those who have registered** will be admitted to the Toy Shop.



is a service offered to families in need by
Project Self-Sufficiency



Find Us Online!

Websites:

www.projectselfsufficiency.org
www.littlesproutsearlylearningcenter.org
www.projectsussexkids.org
www.journeyfsc.org

"Like" our Facebook Pages:

www.facebook.com/ProjectSelfSufficiencyofSussexCounty
www.facebook.com/LittleSproutsEarlyLearningCenter
www.facebook.com/JourneyFamilySuccessCenteratPSS
www.facebook.com/ProjectSussexKids
www.facebook.com/NewJerseyYouthCorpsOfSussexWarrenCounties
www.facebook.com/ConnectingNJatPSS

Instagram:

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@journeyfsc_at_pss/
@njyc_at_pss
@little_sprouts_at_pss
@connecting_nj_at_pss/
@project_sussex_kids



Threads

https://www.threads.net/@project_self_sufficiency

Follow us on "X" (formerly known as Twitter)!

@PssNewJersey
@SussexKids
@ConnectingNJPSS

Blogs:

<https://projectselfsufficiencynj.blogspot.com/>
<https://projectsussexkids.blogspot.com/>
<https://journeyfsc.blogspot.com/>
<https://connectingnjatpss.blogspot.com/>

Linked In:

<https://www.linkedin.com/company/project-self-sufficiency>
<https://www.linkedin.com/company/little-sprouts-early-learning-center>

You Tube:

Little Sprouts: https://www.youtube.com/channel/UCQIQ61_-7LfUnZXkN5_hpDQ?view_as=subscriber

Project Self-Sufficiency:

https://www.youtube.com/channel/UCgiUhYC6oK56wCwJIOrC3Sw?view_as=subscriber

