

# Understanding ACEs:

## Adverse Childhood Experiences

### Building Self-Healing Communities

For Parents, Caregivers, & Community Providers

Thursday, January 26th, 2:00 p.m.

## Project Self-Sufficiency



Memory of our experiences  
IS STORED IN OUR BODY

- ⇒ Learn how adversity affects neurological and biological health throughout life.
- ⇒ Discuss the impact of childhood trauma on population health.
- ⇒ Understand how protection, prevention, and promoting resilience can improve health, safety and productivity.

#### Join Zoom Meeting

[https://us06web.zoom.us/j/88349939999?  
pwd=VoRpL1ZFbopSdihWd3NzMVJqUHlTdzo9](https://us06web.zoom.us/j/88349939999?pwd=VoRpL1ZFbopSdihWd3NzMVJqUHlTdzo9)

Or call 1-929-205-6099

Meeting ID: 883 4993 9999

Passcode: 691177



Free—Public Invited!

# Call 973-940-3500 to Register