

Project Self-Sufficiency Presents



Explore the Impact of **Positive & Adverse Childhood Experiences**
& **Build Resiliency** in Our Community

Thursday, March 10th ❖ 2:00 p.m.

Let's Talk About ...

- ⇒ How ACEs adversely affects development and the brain;
- ⇒ How caring connections can serve as a primary buffer against the negative impact of trauma;
- ⇒ How to build more resilient, compassionate, and healing-centered communities.



Advance Registration Required.
Call 973-940-3500 to Sign Up Today!

Join Zoom Meeting
[https://us06web.zoom.us/j/85605042830?](https://us06web.zoom.us/j/85605042830?pwd=L1E5K1MrdlB6RG42UFF2djRFkRkRldz09)
[pwd=L1E5K1MrdlB6RG42UFF2djRFkRkRldz09](https://us06web.zoom.us/j/85605042830?pwd=L1E5K1MrdlB6RG42UFF2djRFkRkRldz09)

Or call 1-929-205-6099
Meeting ID: 856 0504 2830
Passcode: 956650



Connections Matter is a healing-centered curriculum that teaches adults how to use the power of connections to help develop healthy brains and supportive relationships, prevent and heal from Adverse Childhood Experiences (ACEs), and strengthen communities.



A program of Project Sussex Kids and the Sussex County Family Success Center.

