

Nurse Family Partnership @ Project Self-Sufficiency



Free Personal Nurse

Prenatal Care

Healthcare Advice

Breastfeeding Support

Parenting Tips



Enroll at www.projectsselfsufficiency.org

“The Nurse Family Partnership program at Project Self-Sufficiency partners you with a nurse who does home visits to help monitor your health and your child’s during pregnancy and postpartum. The meetings continue through the first two years of your child’s life.

For me, the most surprising thing about the Nurse Family Partnership at Project Self-Sufficiency was the lengths that they go to provide help for you and your family. They extended a helping hand to my family in every way that they could.

My favorite part of the program was meeting with my nurse. She was so kind, and very comforting and informative. If I ever had a question or concern I was able to call her and talk to her about it. I am very thankful that we crossed paths via this program!

I would absolutely recommend the Nurse Family Partnership program to a friend or any first-time mother. Being a first-time mom can be nerve racking, but knowing I could rely on my nurse and Project Self-Sufficiency always provided me with a feeling of safety.

The community created by Project Self-Sufficiency through their programs helps households strengthen and thrive.”



Cristina, Nurse Family Partnership Client at Project Self-Sufficiency

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