

Universal Home Visiting

As you know well, the immediate postpartum period is especially critical – both for the newborn and their family. It is also a challenging time for parents coping with the tragedy of a stillbirth or the loss of their child.

Family Connects NJ is a statewide program offering free, voluntary health and wellness assessments by specially trained nurses for all New Jersey families in the comfort of their home.

Available to all families, regardless of income, insurance coverage, or immigration status, Family Connects NJ can save lives and improve health outcomes by reducing complications in the fourth trimester. Research backs its success, showing better postpartum care, reduced parental anxiety and depression, and 50% fewer emergency room visits in the first 12 months of life.

How Families Enroll

1. Families will visit FamilyConnectsNJ.org to find information and sign up, or call their local Family Connects NJ nursing provider (phone numbers for participating counties are provided on the website).
2. A Family Connects NJ team member will contact the family to confirm the appointment and answer any questions



Program Highlights

- ✔ Utilizes an evidence-based model that supports postpartum continuity of care
- ✔ Focuses care and support for families during a critical postpartum period – within the first two weeks
- ✔ Assesses the physical and emotional health of the newborn and parents, and identifies family needs.
- ✔ Nurses will also connect families to a medical home and community resources, if applicable
- ✔ A report on the visit can be shared with the patient's physician, with permission of the family

We Need You – Clinicians

Clinicians are vital guides for families facing newborn care or the loss of a child. We're counting on you to spread the word about this program to patients, your staff, and the community, and to refer people to it when needed.

Access additional program information, hand-outs, and a social media toolkit with useful resources by visiting FamilyConnectsNJ.org, or by scanning the QR Code:

