

Parents as Teachers @

Project Self-Sufficiency & Partnership for Maternal & Child Health of Northern New Jersey



- ◆ Free Visits in Your Own Home in Sussex & Warren Counties
- ◆ Get Advice about Work, Goal-Setting, Relationships
- ◆ Discuss Parenting, Nutrition, Health, Development, Literacy & More

“The Parents as Teachers program at Project Self-Sufficiency is very helpful. They provide diapers and things you need. They teach you how to handle a baby and they are there for you as your child grows.

My home visitor is amazing. I can count on her. Everything I ask, she always has an answer. And if she doesn't know, she finds out.

My son was having problems with his speech, so my home visitor recommended early intervention. She monitors his progress. She helps me with different things, not just my son.

I am studying to be a barber. You need to have a high school diploma or a GED., which I didn't have. My home visitor told me about the New Jersey Youth Corps at Project Self-Sufficiency. After I got my diploma, she helped me to choose a barber school. It takes 14 months and I have 8 months to go. I'm getting there!”

- Parents as Teachers Client at Project Self-Sufficiency

Call 973-940-3500 or 844-805-3500
or visit www.projectselfsufficiency.org

Project Self-Sufficiency, 127 Mill Street, Newton, NJ 07860



Parents as Teachers®



Partnership for
Maternal &
Child Health
OF NORTHERN NEW JERSEY