

Project Self-Sufficiency Newsletter



127 Mill Street, Newton, NJ 07860 – 973-940-3500 – pss@projectselfsufficiency.org - www.projectselfsufficiency.org

The Agency will be closed May 25 & June 19, 2026.

May – June 2026

Summer Jobs for Teens

Paid Job Training for High School Sophomores & Juniors

A limited number of positions will be available in the Summer Youth Employment Program during July and August. Rising high school sophomores and juniors will receive paid employability skills instruction and on-the-job training. Eligibility guidelines include family income, transportation status, current enrollment in high school, and other factors. Free transportation to and from Project Self-Sufficiency will be provided to participants; use of the transportation program, interviews, and references from high school staff members are required. Those who have previously participated in the Summer Youth Employment Program are ineligible. Space is limited; call 973-940-3500 for application information.



Monday – Thursday

July 6 – August 6

9am – 3:30pm

Job Training for Women

Summer Office Skills for Women Starts in July

Boost your confidence, brush up on your computer skills, get help with your resume and resume and interviewing, receive on-the-job experience at a community work site, and more.

Tuesdays & Thursdays, 9:30 a.m. - 3:00 p.m.

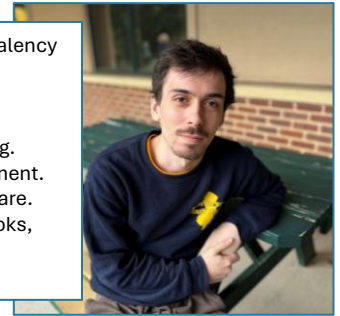
New Jersey Youth Corps Enrolling Now

Get College Credits & A High School Diploma!

Did you know that students can get **THREE college credits** from Sussex County Community College while working towards a high school diploma with Project Self-Sufficiency's New Jersey Youth Corps program? High school dropouts from Sussex & Warren counties, ages 16—25, can get high school equivalency and employment skills training, work experience through community service, and more.

Next session starts in July!

- Literacy and high school equivalency education.
- THREE college credits.
- Skills for work and life.
- Personal and career counseling.
- Community service/job placement.
- Free transportation and childcare.
- \$5,000 towards tuition, textbooks, computers, or fees for higher education.



Help for Expectant & New Parents

Explore the range of family support services at Project Self-Sufficiency! Get free parenting tips, baby items, information about childhood health, and other topics from certified nurses or professional family support workers. Services for mother and child help boost literacy levels, address health issues, and highlight potential developmental delays. Women who are pregnant or parenting infants, as well as those with children up to the age of three are eligible.



Available to income-eligible residents of Sussex, Hunterdon, and northern Warren counties.

Parenting Classes Resume

Courses Targeted to All Parents & Just Dads

Improve your parenting skills, get help with anger management, positive discipline, and more. In-person and online options – starting in June!

- **24:7 Dads**, Tuesdays & Thursdays, 6:00 p.m.
- **ACT Raising Safe Kids**, Tuesdays, 6:00 p.m.

Rediscover Yourself!



Learn More at an Open House!

Wednesdays at 4:00 p.m.

Fridays at 10:00 a.m.

May 27; June 10, 17, 24

May 8, 29; June 5, 12

Don't Miss the Breast Cancer Survivor Celebration – Saturday, June 6th, 10:00 a.m.!

Goings on at Project Self-Sufficiency

Young and Need Help?

Check Out Bridges to Employing Youth!

Tuesdays & Thursdays, 1:00 – 3:00 p.m.



- Monthly Attendance Stipend
- Individualized Training & Counseling Support
- Free Childcare & Transportation
- Food Pantry, Diapers, & Baby Essentials
- Help with Career Goals
- Financial Literacy Training
- Parenting Skills

Office Skills Training Program for Women

Summer Office Skills

Rejuvenate your skills with the Higher Opportunities for Women employment skills training program.

Microsoft Office Computer Training:

Basic Computer Skills—Microsoft Word, Excel, PowerPoint & Outlook

Employability Skills:

Resumes & Cover Letters—

Job Search Techniques—Interview Skills

Tuesdays & Thursdays, 9:30am—3pm, beginning July 6th!



College Could be for You!

Campus 2 Campus!



Take the next step towards college and a career with the Campus 2 Campus program!

C2C Class at PSS: May 19 & June 16, 10:00 a.m.

SCCC Info Sessions at PSS: May 21 & June 18, 10:00 a.m.

SCCC Tour Dates: May 22 & June 26, 10:00 a.m.

Get a High School Diploma

New Jersey Youth Corps Starts in July!

High school diploma – 3 college credits – \$5,000 towards equipment & tuition – work experience – transportation – childcare – and so much more!



Learn More at an Open House!

Thursdays at 4:30 p.m.

Fridays at 12:30 p.m.

May 7, 14, 21, 28; June 4, 11, 18

May 8, 29; June 5, 12



Nourish to Flourish Food Pantry Hours

Tuesday & Wednesday, 10:00 a.m. – 1:00 p.m.

Thursday, 10:00 a.m. – 1:00 p.m. & 5:00 – 7:00 p.m.

Pre-bagged food available, Monday - Friday, 9:00 a.m. – 5:00 p.m.

Journey Schedule

Franklin, 10am – 2pm

May 14, 28

June 11, 25

Hackettstown, 9:30am – 3:30pm

May 5, 19

June 2, 16, 30

Hopatcong, 10am – 2pm

May 13, 27

June 10, 24

Netcong, 10am – 2pm

May 12, 26

June 9, 23

Vernon, 10am – 2pm

May 6, 20

June 3, 16

We are looking forward to seeing you!

Help for Moms and Parents-to-Be

Learn about Nutrition & Breastfeeding

Pregnant women and parents of young children can access the information and resources they need to be successful! Get information about early childhood health, safety, and education. Prizes, baby items, and giveaways, too!



Baby Beginnings, 1:00 p.m.

Nutritious Meal Planning May 21st

Breastfeeding & Beyond, June 18th

Adverse Childhood Experiences

Learn about the Impact of Childhood Trauma

Explore the impact of childhood trauma, discuss the importance of supportive connections, and address methods for building resilient communities. Workshops held via Zoom.

Understanding ACES	Connections Matter (English)	Connections Matter (Spanish)
Wednesday, June 17, 3:00 p.m.	Tuesday, May 19, 2:00 p.m.	Thursday, May 21, 2:00 p.m.



Breast Cancer Survivor Celebration

Saturday, June 6th 10:00 a.m.



Early Childhood & Connecting NJ

Project Self-Sufficiency offers three evidence-based home visitation programs tailored to meet the needs of low-income parents. Factors such as residency, pregnancy, and the age and number of children help determine which program is best suited for the parents' needs.

Nurse Family Partnership	Healthy Families	Parents as Teachers
Low-income mothers are paired with a nurse who visits them throughout the pregnancy and up until the child's 2 nd birthday. <i>Serving Sussex, Warren, & Hunterdon Counties.</i>	For expectant parents and parents of infants. Participation in this program can count towards Work First NJ required activities. <i>Serving Sussex & Northern Warren Counties.</i>	For those who are pregnant or parenting an infant or toddler. Using the nationally-acclaimed Parents as Teachers curriculum. <i>Serving Sussex & Hunterdon Counties.</i>

Help for Expectant & New Parents

Women who are pregnant or parenting a young child can receive regular consultations from a nurse or certified family support worker via online video platforms, phone, at home or in a public place through one of the three Home Visitation Programs offered by Project Self-Sufficiency in Sussex, Warren and Hunterdon counties. The visiting professionals provide support, education and counseling on health, behavioral and self-sufficiency issues.



Connecting NJ is a network of partners and agencies dedicated to helping New Jersey families thrive. We provide mothers, fathers, grandparents, and guardians free or affordable access to people, organizations, and other sources of information needed to raise healthy children, such as home visiting programs, NJ Family Care and more. **We connect New Jersey families - moms, dads, newborns, teens, young adults, and grandparents - with the best health and social resources available in our community.**

Lunch, Learn & Grow at a Mommy Party!	
Project Self-Sufficiency	Hackettstown
May 13 & June 10, Noon	May 19 & June 16 11:00 a.m.

Help for Parents

24:7 Dads Parenting Class

Learn the five characteristics of a 24:7 dad! Improve knowledge, behavior, and skills, help fathers to be more involved with their children, and ultimately strengthen families. In-person or by Zoom.



Tuesdays & Thursdays, 6:00 p.m.
 June 23, 25, 30
 July 2, 7, 9, 14, 16, 21, 23, 28, 30



ACT Parenting Course

ACT Parenting classes use the nationally recognized **ACT Raising Safe Kids** program to teach positive parenting skills, prevent violence, and foster effective anger management. Developed by the American Psychological Association. Offered via Zoom.



Tuesdays at 6:00 p.m.

June 23, 30, July 7, 14, 21, 28, August 4, 11

One-on-One Parenting Coaches Available



Get Help from a Personal Parenting Coach!

Individualized Assistance Targeted to Your Needs & Matched to Your Schedule!

The Journey Family Success Center at Project Self-Sufficiency helps all families find their path to success! Visit www.journeyfsc.org.

Motivation Monday—Via Zoom

Learn how to stay positive, get help with anxiety, stress, loneliness, self-esteem, and more.

Mondays, 2:00 p.m.

- Coping Skills May 4
- 1% Better Every Day May 11
- Finding Connection May 18
- Building Resilience June 1
- Stop Comparing June 8
- Saying “No” with Confidence June 15
- Finding Purpose June 22
- Courage over Comfort June 29

Career Chat—Via Zoom

Get help identifying your career goals, discuss the job application process, get help with job searching, interviews, and more.

Mondays, May 11, June 8, 22, 7:00 p.m.

Breast Cancer Support Group—Via Zoom

Breast cancer survivors are invited to share their stories, discuss coping strategies, and gain insights in a supportive setting.

Tuesdays, May 12, June 2, 2:00 p.m.

Workforce Wednesday with Career Center Staff—Via Zoom

Learn how to build a resume; discuss interview skills; address on-the-job issues and workplace topics with Career Center staff.

Wednesdays, 1:00 p.m.

- Resumes & Cover Letters May 6, June 3
- Job Searching May 13, June 10
- Interviewing Skills May 20, June 17
- Linked In May 27, June 24

Parent Advisory Council Meeting—In Person & Via Zoom

Join other parents to identify the needs of your family and discuss upcoming activities in your community.

Tuesdays, May 12, June 16, 5:00 p.m.



Enough Abuse Workshops—Via Zoom

Teens and adults can learn to recognize and prevent abuse and increase awareness of safe practices for potential victims. Offered by the [Enough Abuse Campaign](#), a cooperative effort of the [Prevent Child Abuse New Jersey](#), Project Self-Sufficiency and the Sussex Warren Partnership to Prevent Child Sexual Abuse.

Wednesdays, May 20, June 17, 3:00 p.m.

Journey FSC @ Little Sprouts Early Learning Center Family Nights—In Person

Parents and Little Sprouts Early Learning Center students can enjoy games, crafts, themed activities and pizza!

Wednesdays, May 27, June 24, 5:30 p.m.

Parents’ Support Group—Via Zoom

Gain insights, share frustrations and success stories with other parents.

Wednesdays, May 13, 27; June 10, 24, 7:00 p.m.

Health Equity—Via Zoom

A Community Health Worker will explain how factors like socio-economic status and ethnicity can impact your health and result in healthcare disparities. Learn how to advocate for yourself and your family.

Thursdays, May 14, June 11, 3:00 p.m.

Ages & Stages Information Session—Via Zoom

Discuss developmental milestones for your young child and learn how to access an online tool to connect with resources for support.

Thursdays, May 21, June 18, 3:00 p.m.



Helping all Families Find their Path to Success!



Gift Card for Attending Your First Meeting!

Connect with Project Self-Sufficiency and Get on Track for Success!

Links to Success

Meet Case Managers, learn about current PSS programs, and start laying the groundwork towards your goals at this informative presentation. Required before enrolling in [Career Foundations](#) or [Foundations for Personal Success](#).

Mondays & Tuesdays, noon; Wednesdays, 11am; Thursdays, 1pm; Fridays, 10am

Career Foundations

Begin your journey towards finding meaningful employment with Career Assessments, Goal Setting, and Introduction to Computer Skills. Meet with Career Center staff to map out your next steps to employment or education.

Two-week sessions: Tuesdays & Thursdays, 10am - noon

Foundations for Personal Success

Focus on interpersonal skills such as stress management, effective communication, establishing healthy relationships, nutrition, social media, and other topics.

Two-week sessions: Tuesdays & Thursdays, 1 - 3pm

Career & Employment Training

Weekly Career Seminars—*in person or online!*

Contact Project Self-Sufficiency for log-in information.

Individual appointments available following each seminar.

Resumes & Cover Letters

Work on your resume and cover letter with our Career Center staff! Get feedback about writing style, content, and more!

Mondays, 1:00 p.m.

May 4, 11, 18; June 1, 8, 15, 22, 29

Job Searching

Learn how to conduct a productive job search using a variety of resources.

Tuesdays, 1:00 p.m.

May 5, 12, 19, 26; June 2, 9, 16, 23, 30

Workforce Wednesday/Job Club Support Group

Use this group to boost your reach! Review current leads for employment, get feedback from other job seekers, discuss the process and get support. Occasional guest speakers, too!

Wednesdays, 1:00 p.m.

May 6, 13, 20, 27; June 3, 10, 17, 24

Networking & Social Media

Maximize your job search by creating a Linked In profile, managing your professional identity on social media, and building a professional network.

Thursdays, 1:00 p.m.

May 7, 14, 21, 28; June 4, 11, 18, 25

Financial Management

Discuss smart strategies for advancing your career. Learn how to create a budget and stick to it!

Thursdays, 3:00 p.m.

May 7, 14, 21, 28; June 4, 11, 18, 25

Open Employment Lab

Meet with Career Center staff in person or on Zoom to work on individual career needs: Build your resume, review your cover letter, participate in a mock interview, and get help with your computer skills.

Tuesdays & Thursdays, 10:00 a.m.—noon, 3:00 – 4:30 p.m.

May 5, 7, 12, 14, 19, 21, 26, 28; June 2, 4, 9, 11, 16, 18, 23, 25

Fridays, 1:00—3:00 p.m., or by appointment.

May 1, 8, 15, 22, 29; June 5, 12, 26

Mock Interviews

Meet with Career Center staff over Zoom to participate in a practice, virtual interview. **By appointment only. In Person or Via Zoom.**

Office Skills Training Program for Women

The **Summer Office Skills (SOS)** Program combines computer skills training with classroom instruction and on-the-job experience. Women who have been out of the workforce or underemployed are prepared to seek entry-level office administrative positions.

Tuesdays & Thursdays, 9:30 a.m.—3:00 p.m.

Starts July 6th!

Computer Classes

Microsoft Word – In Person

Learn word-processing, create professional-looking letters, newsletters, and other documents. Use mail merge features to print mailing labels and address letters to multiple recipients.

Tuesdays & Thursdays, 10am – noon

May 5, 7, 12, 14, 19, 21, 26, 28

Microsoft Excel – In Person

Create spreadsheets, databases and workbooks for use in tracking inventory, sorting data, and creating mailing lists. Learn how to add, subtract, multiply, and divide rows and columns using formulas and become adept at storing, managing, and interpreting data.

Tuesdays & Thursdays, 10am – noon

June 2, 4, 9, 11, 16, 18, 23, 25

New Jersey Youth Corps

Get a High School Diploma!

Registration for the next session of the New Jersey Youth Corps is underway. Teens and adults, ages 16—25, who have not completed high school are moving forward with high school equivalency instruction, vocational training, community service, and receiving THREE college credits.

New Jersey Youth Corps graduates are eligible to receive up to \$5,000 towards expenses for tuition, fees, and equipment needed for continuing education!

Refer a student and be eligible for a \$100 gift card!

Campus 2 Campus

College IS for You!

Campus 2 Campus is a partnership between **PSS** and **Sussex County Community College** designed to help potential students take the next step towards college and a career.

Basic Skills Testing—Scholarship Information—Test Anxiety Support—Budget-Friendly Childcare—Application & Financial Aid Forms—Campus Tours—& More!

C2C Class at PSS:

May 19 & June 16, 10:00 a.m.

SCCC Info Sessions at PSS:

May 21 & June 18, 10:00 a.m.

SCCC Tour Dates:

May 22 & June 26, 10:00 a.m.



Bridges to Employing Youth

Get on Track to Success!

Pregnant and parenting young adults, ages 18—24, can help with:

Identifying Career Paths—Parenting Skills—Career Training & Employability Skills – Case Management & Counseling – Transportation & Childcare

Tuesdays & Thursdays, 1:00—3:00 p.m.

May 5, 7, 12, 14, 19, 21, 26, 28;

June 2, 4, 9, 11, 16, 18, 23, 25

Additional Programs & Services

Free Legal Assistance & Education

Project Self-Sufficiency provides **FREE** legal assistance through our partnership with the IOLTA Fund of the Bar of New Jersey.

The agency's Legal Assistance Program can provide a range of services including individual consultations on the following topics: Family Law, Bankruptcy, Landlord/Tenant, Elder Law, and Expungement. **Day & evening phone consultations available.**



Free seminars are hosted by volunteer attorneys via Zoom regarding Family Law, Bankruptcy, Landlord-Tenant issues, and other topics.

Help for Parents & Moms-to-Be

Expert Advice, Free Baby Items

Learn everything you need to know about your pregnancy and caring for your infant or toddler.

Advice from Healthcare & Childcare Experts—Free Baby Items, Prizes & Giveaways—Lunch—Childcare

Baby Beginnings, 1:00 p.m.
Nutritious Meal Planning
May 21st
Breastfeeding & Beyond,
June 18th



Keeping Families Together

Keeping Families Together is a supportive housing program providing housing vouchers, case management and clinical services in Sussex and Morris counties.

We are looking for prospective landlords to partner with us!

Benefits for Landlords

- Staff Available by Phone 24/7
- Consistent On-Time Rent Payments
- Risk Mitigation
- Reduced Vacancy
- Long-term (5 Year) Housing Vouchers
- Education and Support for Families to Become Successful Tenants



Available in Warren County

Nurse Family Partnership ... Low-income, first-time mothers are paired with a nurse who visits them throughout the pregnancy and up until the child's second birthday.

Healthy Families Program ... For expectant parents and parents of infants. Participation in this program can count toward Work First New Jersey required activities.

Connecting NJ at PSS

Connecting NJ at Project Self-Sufficiency links individuals and families to the help they need.

"Triple P" Parenting Program

Virtual and in-person parenting classes and support groups teach practical strategies, reduce stress, and boost confidence.

Mommy Parties in Hackettstown

Mothers and children can enjoy crafts, lunch, and activities onboard PSS Journey in Hackettstown while picking up tips for parenting, health, and wellness.

Complete the Ages & Stages Questionnaire online!



Happening at the Little Sprouts Early Learning Center!

Childcare & Preschool

Little Sprouts is a fully licensed day care and preschool facility for children age 6 weeks through 6 years.

Free Preschool for Newton, NJ, Residents, Ages 3 & 4
Convenient Hours & Location
Caring, Professional Staff
Age-Appropriate Playgrounds
Subsidized Assistance for Eligible Families

Competitive Rates

Quality Education using "The Creative Curriculum"
State-of-the-Art Facility
Half-Day & Full-Day Programs



Take a virtual tour on our website and be sure to **check out our YouTube channel!**

Call 973-940-3540 to arrange a tour!

Monthly Family Nights at Little Sprouts

Parents and students are invited to enjoy games, dinner, crafts, and fun activities at special Journey Family Success Center Family Nights at the Little Sprouts Early Learning Center.

Wednesdays, May 27 & June 24, 5:30 p.m.



Activities at a Glance

Courses and activities are free and available to active Project Self-Sufficiency participants. **Contact Project Self-Sufficiency for log-in information.**

Links for Success—*In Person*

Mondays, 12:00 p.m.

May 4, 11, 18; June 1, 8, 15, 22, 29

Tuesdays, 12:00 p.m.

May 5, 12, 19, 26; June 2, 9, 16, 23

Wednesdays, 11:00 a.m.

May 6, 13, 20, 27; June 3, 10, 17, 24

Thursdays, 1:00 p.m.

May 7, 14, 21, 28; June 4, 11, 18, 25

Fridays, 10:00 a.m.

May 1, 8, 15, 29; June 5, 12, 26

Career Foundations—*In Person*

Tuesdays & Thursdays, 10:00 a.m.—noon

May Session One

May 5, 7, 12, 14

May Session Two

May 19, 21, 26, 28

June Session One

June 2, 4, 9, 11

June Session Two

June 16, 18, 23, 25

Foundations for Personal Success—

In Person

Tuesdays & Thursdays, 1:00—3:00 p.m.

May Session One

May 5, 7, 12, 14

May Session Two

May 19, 21, 26, 28

June Session One

June 2, 4, 9, 11

June Session Two

June 16, 18, 23, 25

Open Lab—*Online or In Person*

Tuesdays & Thursdays,

10:00 a.m.—noon, 3:00 – 4:30 p.m.

May 5, 7, 12, 14, 19, 21, 26, 28;

June 2, 4, 9, 11, 16, 18, 23, 25

Fridays, 1:00—3:00 p.m., or by appointment.

May 1, 8, 15, 22, 29; June 5, 12, 26

Campus 2 Campus—*In Person*

C2C Class at PSS:

May 19 & June 16, 10:00 a.m.

SCCC Info Sessions at PSS:

May 21 & June 18, 10:00 a.m.

SCCC Tour Dates:

May 22 & June 26, 10:00 a.m.

Computer Classes

Tuesdays & Thursdays, 10am – noon

Microsoft Word—*In Person*

May 5, 7, 12, 14, 19, 21, 26, 28

Microsoft Excel—*In Person*

June 2, 4, 9, 11, 16, 18, 23, 25

Resumes & Cover Letters

Mondays, 1:00 p.m.—*In Person or Online*

May 4, 11, 18; June 1, 8, 15, 22, 29

Job Searching

Tuesdays, 1:00 p.m.—*In Person or Online*

May 5, 12, 19, 26; June 2, 9, 16, 23, 30

Job Club/Workforce Wednesday—

In Person or Online

Wednesdays, 1:00 p.m.

May 6, 13, 20, 27; June 3, 10, 17, 24

Networking & Social Media

Thursdays, 1:00 p.m.—*In Person or Online*

May 7, 14, 21, 28; June 4, 11, 18, 25

Financial Management

Thursdays, 3:00 p.m.—*In Person or Online*

May 7, 14, 21, 28; June 4, 11, 18, 25

Testing

CASAS, Work Readiness, Accuplacer

Fridays, 9:30 a.m.—12:30 p.m.

May 1, 8, 15, 22, 29; June 5, 12, 26

New Jersey Youth Corps

Monday—Thursday, 10:00 a.m.—4:30 p.m.

Friday, 10:00 a.m.—noon

Register now for the next session!

Open Houses

Thursdays, 4:30 p.m.

May 7, 14, 21, 28; June 4, 11, 18

Fridays, 12:30 p.m.

May 8, 29; June 5, 12

Bridges

Tuesdays & Thursdays, 1:00—3:00 p.m.

May 5, 7, 12, 14, 19, 21, 26, 28;

June 2, 4, 9, 11, 16, 18, 23, 25

Summer Office Skills

Tuesdays & Thursdays, 9:30 a.m.—3:00 p.m.

Starts in July!

Open Houses

Wednesdays, 4:00 p.m.

May 27, June 10, 17, 24

Fridays, 10:00 a.m.

May 8, 29; June 5, 12

Mommy Parties

Project Self-Sufficiency, noon

Wednesdays, May 13 & June 10

Hackettstown, 11:00 a.m.

Tuesdays, May 19 & June 16

Legal Seminars—*Online*

Thursdays,

Family Law, 7:00 p.m.

May 28, June 25

Adverse Childhood Experiences

Understanding ACEs—*Online*

Wednesday, 3:00 p.m.

June 17

Connections Matter, English—*Online*

Tuesday, May 19, 2:00 p.m.

Español—*en línea*

Jueves, 21 de Mayo, 2:00 p.m.

Enough Abuse Workshop—*Online*

Wednesdays, 3:00 p.m.

May 20, June 17

Early Childhood

Baby Beginnings—*In Person*

May 21, June 18, 1:00 p.m.

Breast Cancer Survivor Celebration

June 6, 10:00 a.m.

Home Visitation & Early Childhood Joint Advisory Board Meeting

Tuesday, June 2, 11:00 a.m.,

Phillipsburg Housing Authority

Wednesday, June 3, 11:00 a.m.,

Project Self-Sufficiency

24:7 Dads Parenting Course—*In Person or Online*

Tuesdays and Thursdays, 6:00 p.m.

June 23, 25, 30;

July 2, 7, 9, 14, 16, 21, 23, 28, 30

ACT Parenting Course—*Online*

Tuesdays, 6:00 p.m.

June 23, 30, July 7, 14, 21, 28, August 4, 11

Family Success Center

Motivation Monday—*Online*

Mondays, 2:00 p.m.

May 4, 11, 18; June 1, 8, 15, 22, 29

Career Chat—*Online*

Monday, 7:00 p.m.

May 11, June 8, 22

Breast Cancer Support Group—*Online*

Tuesdays, 2:00 p.m.

May 12, June 2

Parents' Support Group—*Online*

Wednesdays, 7:00 p.m.

May 13, 27; June 10, 24

Health Equity Presentation—*Online*

Thursdays, 3:00 p.m.

May 14, June 11

Ages & Stages Information Session—*Online*

Thursdays, 3:00 p.m.

May 21, June 18

Parent Advisory Council Meeting—*In Person & Online*

Tuesdays, 5:00 p.m.

May 12, June 16

Family Nights at Little Sprouts

Tuesdays, 5:30 p.m.

May 27, June 24

Looking Ahead

- Summer Youth Employment Program, July 6
- Summer Office Skills, July 6
- Back-to-School Fair, August 20

May Events

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
3	4 NJYC, 10am – 4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	5 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon World 10am – noon Links for Success, noon Foundations, 1 – 3pm Bridges, 1 – 3pm Job Searching, 1pm 24/7 Dads, 6pm ACT Parenting, 6pm	6 NJYC, 10am – 4:30pm Links for Success, 11am Workforce Wednesday, 1pm	7 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon World 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Bridges, 1 – 3pm Networking & Social Media, 1pm Health Equity, 3pm Financial Management, 3pm NJYC Open House, 4:30 pm 24/7 Dads, 6pm	8 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am SOS Open House, 10am NJYC Open House, 12:30 pm Open Lab 1 – 3pm	9
10	11 NJYC, 10am – 4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Career Chat, 7pm	12 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon World 10am – noon Links for Success, noon Foundations, 1 – 3pm Bridges, 1 – 3pm Job Searching, 1pm Breast Cancer Support Group, 2pm FSC Parent Advisory Board, 5pm 24/7 Dads, 6pm ACT Parenting, 6pm	13 NJYC, 10am – 4:30pm Links for Success, 11am Mommy Party, noon, <i>PSS</i> Workforce Wednesday, 1pm Parents' Support Group, 7pm	14 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon World 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Bridges, 1 – 3pm Networking & Social Media, 1pm Health Equity, 3pm Financial Management, 3pm NJYC Open House, 4:30 pm 24/7 Dads, 6pm	15 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am Open Lab 1 – 3pm	16
17	18 NJYC, 10am – 4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm	19 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Campus 2 Campus, 10am Career Foundations, 10am – noon World 10am – noon Mommy Party, 11am, <i>Hacketsstown</i> Links for Success, noon Foundations, 1 – 3pm Bridges, 1 – 3pm Job Searching, 1pm Connections Matter, 2pm, <i>English</i> 24/7 Dads, 6pm ACT Parenting, 6pm	20 NJYC, 10am – 4:30pm Links for Success, 11am Workforce Wednesday, 1pm Enough Abuse, 3pm	21 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Campus 2 Campus, 10am Career Foundations, 10am – noon World 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Bridges, 1 – 3pm Networking & Social Media, 1pm Baby Beginnings, 1pm Connections Matter, 2pm, <i>Spanish</i> Ages & Stages, 3pm Financial Management, 3pm NJYC Open House, 4:30 pm 24/7 Dads, 6pm	22 Testing, 9:30am – 12:30pm NJYC, 10am – noon Campus 2 Campus, 10am Links for Success, 10am Open Lab 1 – 3pm	23
24/31	25 Agency Closed	26 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon World 10am – noon Links for Success, noon Foundations, 1 – 3pm Bridges, 1 – 3pm Job Searching, 1pm 24/7 Dads, 6pm ACT Parenting, 6pm	27 NJYC, 10am – 4:30pm Links for Success, 11am Workforce Wednesday, 1pm SOS Open House, 4pm Family Fun Night, 5:30 pm Parents' Support Group, 7pm	28 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon World 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Bridges, 1 – 3pm Networking & Social Media, 1pm NJYC Open House, 4:30 pm Financial Management, 3pm 24/7 Dads, 6pm Family Law, 7pm	29 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am SOS Open House, 10am NJYC Open House, 12:30 pm Open Lab 1 – 3pm	30

June Events

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	<p>1 NJYC, 10am – 4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm</p>	<p>2 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon Excel, 10am – noon Home Visitation & Early Childhood Joint Advisory Board Meeting, 11am, <i>Phillipsburg</i> Links for Success, noon Foundations, 1 – 3pm Bridges, 1 – 3pm Job Searching, 1pm Breast Cancer Support Group, 2pm</p>	<p>3 NJYC, 10am – 4:30pm Links for Success, 11am Home Visitation & Early Childhood Joint Advisory Board Meeting, 11am, <i>PSS</i> Workforce Wednesday, 1pm</p>	<p>4 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon Excel, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Bridges, 1 – 3pm Networking & Social Media, 1pm Financial Management, 3pm NJYC Open House, 4:30 pm</p>	<p>5 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am SOS Open House, 10am NJYC Open House, 12:30 pm Open Lab 1 – 3pm</p>	<p>6 Breast Cancer Survivor Celebration 10am – 1pm</p>
	<p>8 NJYC, 10am – 4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Career Chat, 7pm</p>	<p>9 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon Excel, 10am – noon Links for Success, noon Foundations, 1 – 3pm Bridges, 1 – 3pm Job Searching, 1pm</p>	<p>10 NJYC, 10am – 4:30pm Links for Success, 11am Mommy Party, noon, <i>PSS</i> Workforce Wednesday, 1pm SOS Open House, 4pm Parents' Support Group, 7pm</p>	<p>11 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon Excel, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Bridges, 1 – 3pm Networking & Social Media, 1pm Health Equity, 3pm Financial Management, 3pm NJYC Open House, 4:30 pm</p>	<p>12 Testing, 9:30am – 12:30pm NJYC, 10am – noon Links for Success, 10am SOS Open House, 10am NJYC Open House, 12:30 pm Open Lab 1 – 3pm</p>	<p>13</p>
	<p>15 NJYC, 10am – 4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm</p>	<p>16 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon Excel, 10am – noon Mommy Party, 11am, <i>Hackettstown</i> Links for Success, noon Foundations, 1 – 3pm Bridges, 1 – 3pm Job Searching, 1pm FSC Parent Advisory Board, 5pm</p>	<p>17 NJYC, 10am – 4:30pm Links for Success, 11am Workforce Wednesday, 1pm Understanding ACEs, 3pm Enough Abuse, 3pm SOS Open House, 4pm</p>	<p>18 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Campus 2 Campus, 10am Career Foundations, 10am – noon Excel, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Bridges, 1 – 3pm Baby Beginnings, 1pm Ages & Stages, 3pm Financial Management, 3pm NJYC Open House, 4:30 pm</p>	<p>19</p> <p style="text-align: center;">Agency Closed</p>	<p>20</p>
	<p>22 NJYC, 10am – 4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm Career Chat, 7pm</p>	<p>23 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon Excel, 10am – noon Links for Success, noon Foundations, 1 – 3pm Bridges, 1 – 3pm Job Searching, 1pm 24:7 Dads, 6pm ACT Parenting, 6pm</p>	<p>24 NJYC, 10am – 4:30pm Links for Success, 11am Workforce Wednesday, 1pm SOS Open House, 4pm Family Fun Night, 5:30 pm Parents' Support Group, 7pm</p>	<p>25 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Career Foundations, 10am – noon Excel, 10am – noon Links for Success, 1pm Foundations, 1 – 3pm Bridges, 1 – 3pm Networking & Social Media, 1pm Financial Management, 3pm 24:7 Dads, 6pm Family Law, 7pm</p>	<p>26 Testing, 9:30am – 12:30pm NJYC, 10am – noon Campus 2 Campus, 10am Links for Success, 10am Open Lab 1 – 3pm</p>	<p>27</p>
	<p>29 NJYC, 10am – 4:30pm Links for Success, noon Resumes & Cover Letters, 1pm Motivation Monday, 2pm</p>	<p>30 HOW, 9:30am – 3pm NJYC, 10am – 4:30pm OpenLab, 10am–noon&3–4:30pm Job Searching, 1pm 24:7 Dads, 6pm ACT Parenting, 6pm</p>				

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May – June 2026 Newsletter

