



Presented by Project Self-Sufficiency



Tuesday, October 14th, 2:00 p.m. – via Zoom

**Call 973-940-3500
to Register!**



**Explore the Impact of Positive & Adverse Childhood Experiences and Learn
How to Build Resiliency in Our Community**

Learn about:

**The effect of adverse childhood
experiences on physical and
neurological development**

Positive impact of caring connections

Building compassionate communities

Connections Matter is a healing-centered curriculum that teaches adults how to use the power of connections to help develop healthy brains and supportive relationships, prevent and heal from Adverse Childhood Experiences (ACEs) and strengthen communities.

A program of the Journey Family Success Center



Project Self-Sufficiency, 127 Mill Street, Newton, NJ, 07860 – www.projectsellsufficiency.org