

Recently Separated or Divorced?

Brilliant, Resilient You!

Wednesdays @ 6pm

September 30; October 7, 14, 21, 28; November 4, 18



- Handling mixed emotions - grief, anger, confusion, and relief
- Co-parenting and financial concerns
- Forging a new identity
- Setting boundaries and establishing trust

Call 973-940-3500 to Register!

The Brilliant, Resilient You Support Group is a program of the Journey Family Success Center at Project Self-Sufficiency. Learn more at www.journeyfsc.org.



Project Self-Sufficiency

127 Mill Street, Newton, NJ 07860 – www.projectselfsufficiency.org