

# Project Self-Sufficiency Parenting Classes



*ACT Raising Safe Kids Program*

## Tuesdays

**April 11—May 30, 6:00 pm**

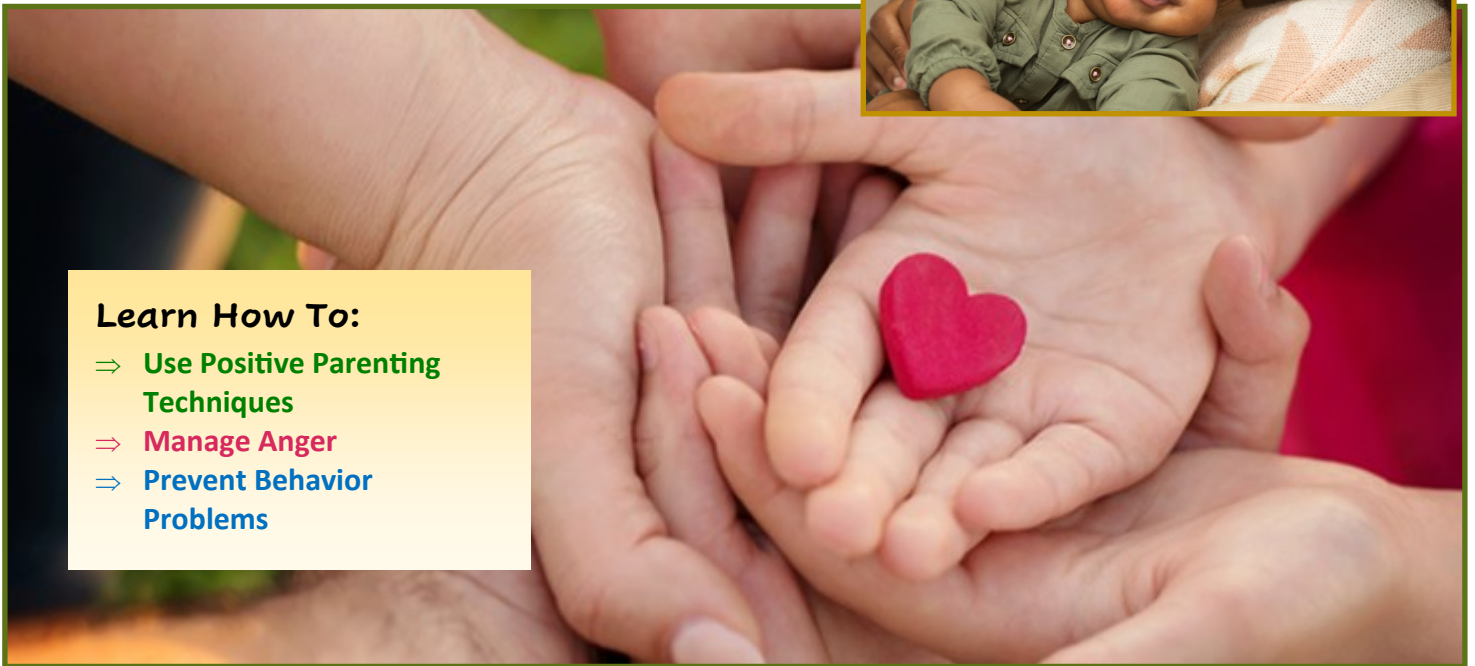
**Free & Open to the Public**

**Call 973-940-3500 to Register**



### Via Zoom

Parenting classes use the nationally recognized **ACT Raising Safe Kids** program to teach positive parenting skills, prevent violence, and foster effective anger management. Developed by the American Psychological Association.



#### Learn How To:

- ⇒ Use Positive Parenting Techniques
- ⇒ Manage Anger
- ⇒ Prevent Behavior Problems



Parenting Classes at Project Self-Sufficiency are a program of Project Sussex Kids & the Journey Family Success Center



**Project Self-Sufficiency**

127 Mill Street, Newton, NJ 07860—[www.projectsselfsufficiency.org](http://www.projectsselfsufficiency.org)