

# Support For Adoptive Parents & Resource Families

**Adopting or fostering a newborn can bring exciting life changes. A nurse visit can help!**

Perhaps you're welcoming a baby into your family for the first time through adoption, or you're caring for a new grandchild as a resource parent – **Family Connects NJ** is a new program that is available to support your family!

Through Family Connects NJ, all families – regardless of income, insurance coverage, or immigration status can receive a nurse visit at home. This includes adoptive parents and kinship and resource caregivers, who can voluntarily request a free visit in the comfort of their home. Visits normally occur within two weeks after a baby's birth.

**Supporting the well-being of every family, at no cost and without added stress!**

The first weeks of life are critical for a newborn's health and development. It can also be a time of drastic change for adoptive and resource parents as they adjust to their family's unique circumstances. A visit from a specially trained nurse during this time can deliver relief and critical answers for parents.



## Nurses will:

- ✓ Check the newborn's weight and assess their development
- ✓ Provide guidance on positive early parent-child relationships
- ✓ Answer questions on important topics, including feeding and sleeping
- ✓ Screen for health issues that could otherwise be overlooked
- ✓ Connect families to community resources, including support groups and localized programs

Visit [FamilyConnectsNJ.org](https://FamilyConnectsNJ.org) or scan the QR code to learn more about the program, its benefits, and to sign-up for a free visit.

