

Project Self-Sufficiency Presents



Explore the Impact of **Positive & Adverse Childhood Experiences**
& **Build Resiliency** in Our Community

Wednesday, September 21, 2022 ❖ 2:00 p.m.

Via Zoom



zoom

Let's Talk About ...

- ⇒ How ACEs adversely affects development and the brain;
- ⇒ How caring connections can serve as a primary buffer against the negative impact of trauma;
- ⇒ How to build more resilient, compassionate, and healing-centered communities.

Connections Matter is a healing-centered curriculum that teaches adults how to use the power of connections to help develop healthy brains and supportive relationships, prevent and heal from Adverse Childhood Experiences (ACEs), and strengthen communities.



Join Zoom Meeting

<https://us06web.zoom.us/j/81481624638?pwd=QW5mbG4wdHQ1ZTZDYkRTUGpvUnNSZz09>

Or call 929-205-6099

Meeting ID: 814 8162 4638

Passcode: 681897



Advance Registration Encouraged.
Call 973-940-3500 to Sign Up Today!



A program of Project Sussex Kids and the Journey Family Success Center.

